PARANORMAL UNDERGROUND®

Volume 11, Issue 8 August 2018

9 URBAN LEGEND Origin Stories

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THE BEAST The Skinwalker Case

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The Secrets of the GREAT PYRAMID

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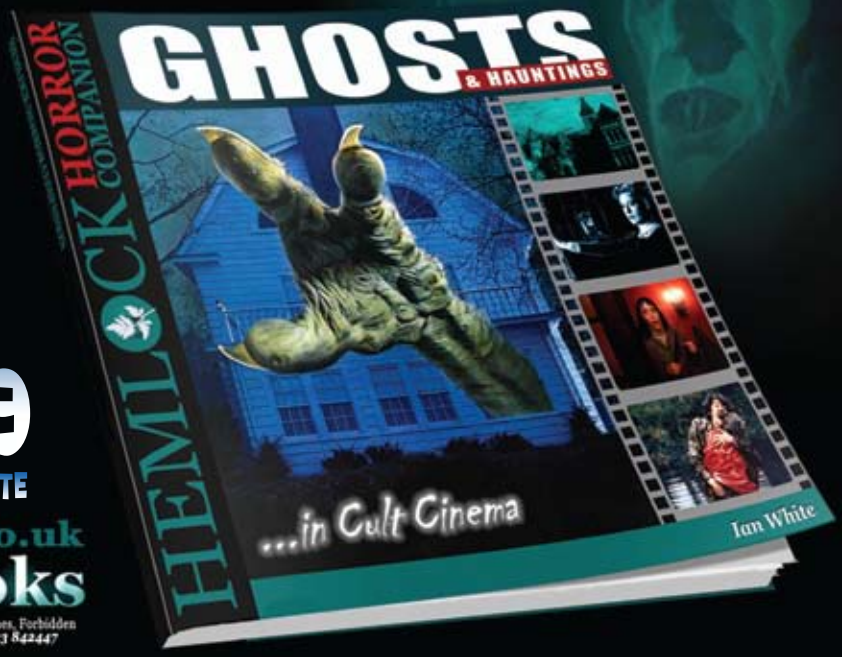

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Sean has written or contributed to more than 30 books for Global Communications and Inner Light Publications, all of which are available from Amazon.com. His books include *The Heretic's UFO Guidebook*, which analyzes a selection of Gnostic Christian writings and their relationship to the UFO phenomenon, and *Signs and Symbols of the Second Coming*, in which he interviews several religious and paranormal experts about how prophecies of the Second Coming of Christ may be fulfilled.

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BOB FOUNTAIN

As an investigator and evidence analyst with Spectral Tech, Bob and the team help their clients find answers while helping to educate them about the paranormal in the process.

As a special projects manager primarily involved in process engineering, and because documentation and analysis is paramount to serious investigations, Bob was drawn to take more than a passing interest and become actively involved in the study of different paranormal phenomena. He has a bachelor's degree in applied organizational management and a bachelor's in metaphysical science from the University of Metaphysics. Bob is also an ordained minister/metaphysical practitioner with the International Metaphysical Ministry.

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Willie is a shaman and supernatural consultant. He works by himself, as well as with his wife, Schmon. He belongs to the Paranormal Clergy and Dominion Ministries. Willie is the author of two books detailing his 50-year journey in the paranormal, *The Shaman Windwalker* and *Soul Warriors*.

Willie has appeared on A&E's *Cursed: The Bell Witch* and CMTs *Most Shocking Ghosts*. He also hosted his own public access show in Louisville, Kentucky, for 12 years, called *Spiritual Gifts and Wonders*. In addition, he has his own group of sensitives, called Soul Warriors, who are based across the U.S.

RICK E. HALE

A Chicago native, Rick is the founder of The Committee for Psychical Inquiry and the author of the *Geek's Guide to the Strange & Unusual*. He was the host of *Common Sense Paranormal Radio* and *Paranormal Underground Radio*.

As an investigator, Rick considers himself to be a Modern Traditionalist, meaning he believes in melding the new and old schools of psychical research.

CHERYL KNIGHT-WILSON

Cheryl is editor-in-chief of *Paranormal Underground* magazine and producer of *Paranormal Underground Radio*. She has more than 25 years of experience as a professional writer and editor and has published hundreds of articles on topics ranging from advanced technology to paranormal investigation.

Cheryl's previous magazine experience includes roles as senior and managing editor for several niche publications.

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MORGAN LINEBERRY

Morgan is a graduate from the University of North Carolina in Greensboro where she obtained a bachelor's degree in English. She has a normal day job and is not affiliated with any paranormal groups, Websites, or businesses.

She loves to write and maintains a healthy fascination with all things paranormal thanks to experiences with the unexplained that she has experienced throughout her life. Morgan knows a little bit about a lot of paranormal topics from research she has conducted.

She pledges to keep you up to date about what is going bump in the night via *Paranormal Underground's* monthly news column.

ATHENA PERRAKIS, PH.D.

Athena is the founder and CEO of SageGoddess.com, a source of sacred tools and metaphysical education. She earned a doctorate from the University of Southern California in educational leadership and has 15 years of experience as a professor, corporate trainer and consultant, and educator. Athena's metaphysical experience spans more than 30 years. During that time, she has become an expert in gemology, astrology, tarot, aromatherapy, reiki, and herbal medicine.

Through her writing, online courses, and material offerings, Athena helps others cultivate and maintain sacred space in their lives for peace, healing, and abundance. Her guiding philosophy is that those who develop and maintain a consistent and sustainable spiritual practice — one that aligns with their own cultural values and spiritual beliefs — will enjoy a longer, healthier, and happier life.

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Michelle is a *New York Times* and *USA Today* bestselling author writing in many fiction genres, including the Dragon-Shifter series *Dragon Lords* and *Captured by a Dragon-Shifter* and the mischievously magical *Warlocks MacGregor*. A skeptical believer, she has a fascination with anything paranormal.

Michelle loves to travel and try new things, whether it's a paranormal investigation of an old Vaudeville theater or climbing Mayan temples in Belize. She has a BGS in history/business with an English minor and a photography degree. She is the co-owner of www.TheRavenBooks.com.

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RAINBOW RADAELLI

Rainbow is a paranormal, abductee, and cryptid researcher along with her husband, Michael. She is an experiencer herself, dealing with paranormal phenomenon since childhood. The silk road of life has led Rainbow in many directions: cowgirl, medicine woman, gypsy, belly dancer, and truth-seeker. All directions have paralleled each other, finally coming together in Rainbow's articles, research, and blogs.

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Shannon is an editorial intern at Open Road Integrated Media Inc. She is currently studying English, journalism, creative writing, and American studies at Boston College. A Long Island native, she loves the beach, Italian ices, bagels, and pizza. When she's not reading, she can be found watching reality TV — most likely *The Real Housewives of Any City*.

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The Lineup is home to the web's creepiest and most mysterious stories. They seek out gritty tales of historical true crimes, horror, and the paranormal, and then they share their latest dark obsession with fellow enthusiasts.

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Maria Anna is a published author and a philosopher in physics/science with a master's in ancient alchemy. She is also a medium with psychometric and remote viewing capabilities. Over the past 20 years, she has spoken to people with stories to tell in order to get to the details of strange and remarkable secrets and phenomena.

She is the author of *The NWO, Their Thoughts ... Your Life: It's Time to Wake Up, We Are the Illusion!*; *Our Mind in a Controlled Quantum Euclidean Space?: Natural and Unnatural Energies as a Global Weapon for Mind and Behavior Control*; and *The Source of Immortality: The Global Elite and Their Fountain of Youth*.

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IAN WHITE

Ian is an author, journalist, and screenwriter based in the UK. He is the author of *Witchcraft and Black Magic in British Cult Cinema*. He also occasionally performs stand-up comedy. Before writing for *Paranormal Underground*, his biggest claim to fame was being killed by a dragon in a thankfully long-forgotten TV show called *Dark Knight*.

Ian has been interested in the paranormal his entire life — one of his earliest memories is waking up to find a tall shadow wearing a top hat watching him through his bedroom window when his bedroom window was two stories off the ground. And, he has had several near-misses with evil entities, although now that he's happily married he can put most of those bad dating experiences behind him.

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CHAD WILSON

A freelance writer, Chad is the publisher of *Paranormal Underground* magazine and co-producer of *Paranormal Underground Radio*. His interest in the paranormal led to the creation of www.ParanormalUnderground.net.

Chad has investigated with East Tennessee Paranormal Research Society and counts Waverly Hills Sanatorium, the Villisca Axe Murder House, Bobby Mackey's Music World, the Queen Mary, Queen Anne Hotel, Hotel Alex Johnson, and private residences among his investigations.

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The Appeal of Urban Legends:
A Bit of Truth Mixed In

If you're a fan of haunted and bizarre tales, then you've surely heard some of the most widely circulated urban legends. Whether you've shared an urban legend around a campfire with family and friends or discussed creepypasta with others on a horror or paranormal forum, there are definitely some scary and bizarre — and downright intriguing — legends floating around.

Chad Wilson, Publisher

And many of these urban legends even make it to the big screen in an effort to reel in horror and paranormal fans. Take the Sony movie Slender Man (2018), currently playing in theaters.

Sony's description of the movie is sure to capture the interest of urban legend fans: "In a small town in Massachusetts, a group of friends, fascinated by the Internet lore of the Slender Man, attempt to prove that he doesn't actually exist ... until one of them mysteriously goes missing."

There's also the 2006 movie When a Stranger Calls, based on a 1979 movie of the same name: "During a babysitting gig, a high-school student is harassed by an increasingly threatening prank caller."

Of course, we're all familiar with the urban legend about a babysitter who gets threatening calls from a stranger ... who turns out to be calling from inside the house!

And how can we forget the 1997 movie I Know What You Did Last Summer, and it's sequel, I Still Know What You Did Last Summer (1998), which pulls from "The Hook" urban legend: "Four young friends bound by a tragic accident are reunited when they find themselves being stalked by a hook-wielding maniac in their small seaside town."

And there are many other movies that pull inspiration from infamous urban legends: Candyman (1992), Urban Legend (1998), The Mothman Prophecies (2002), The Blair Witch Project (1999), and Boogyman (2005), to mention just a few.

But what makes urban legends really intriguing is that many are based on some element of fact, which adds to the scare factor. On page 30 of this issue, we reveal the origins behind nine of the scariest urban legends, including The Hitchhiker, The Hook, The Babysitter, High Beams, and more!

My favorite urban legends include the tales of Bloody Mary, Mothman, and The Slender Man. What are your favorites?

In this issue, we've also featured "The Secrets of the Great Pyramid" (on page 46), "The Great Grand Canyon Mystery" (on page 16), "Panspermia: Did Life Start from Outer Space?" (page 12), and "Exploring the Native American UFO-Star People Connection" (page 24).

If there's any topics you'd like to see us feature in a future issue of Paranormal Underground magazine, email me at paranormalunderground@live.com.◆

August 30–September 2
IANDS 2018 Conference
Hilton Bellevue
Bellevue, Washington
www.conference.iands.org

August 31–September 2
International Bigfoot Conference & Film Festival
Three Rivers Convention Center
Kennewick, Washington
www.internationalbigfootconference.com

September 8–9
Cryptid Con
Capital Plaza Hotel
Frankfurt, Kentucky
www.cryptidcon.com

September 13–16
Afterlife Institute Symposium
Doubletree Resort Scottsdale
Scottsdale, Arizona
www.afterlifesymposium.org

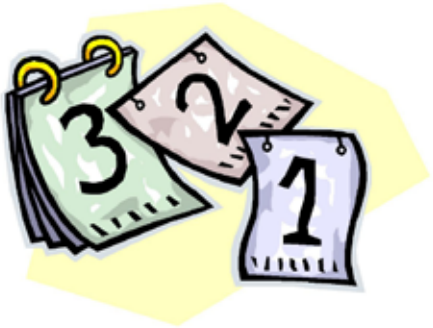
September 15–16
Mothman Festival
Main Street
Point Pleasant, West Virginia
www.mothmanfestival.com

September 21–23
Plymouth Paracon
John Carver Inn
Plymouth, Massachusetts
www.plymouthparacon.com

September 21–22
Big Sky Bigfoot Conference
Pocatello, Idaho
www.bigskybigfootconference.com

September 22
Michigan UFO Con-tact
Lakeside Resort & Conference Center
Houghton Lake, Michigan
www.facebook.com/miufocon

September 28–29
Virginia Bigfoot Conference
Waldo-Miles Retreat
Bristol, Virginia
www.vabigfootconference.com



September 29–30
Granbury Paranormal Expo
Texas Square
Granbury, Texas
www.granburyparanormalexpo.com

September 30
Mid-Michigan Paranormal Convention
Holiday Inn Gateway Center
Flint, Michigan
www.midmichiganparacon.com/

October 6–7
Gift of Light Columbus Fall Expo
Franklin County Fairgrounds
Hilliard, Ohio
www.giftoflightexpo.com

October 12–13
Little Traverse Bay Parafest
The Terrace Inn
Petoskey, Michigan
www.littletraversebayparafest.webs.com

October 12–13
Chautauqua Lake Bigfoot Expo
YMCA Camp Onyahsa
Chautauqua Lake, New York
www.chautauqualakebigfootexpo.com

October 13
Alabatwitch Festival
200 Locust Street
Columbia, Pennsylvania
www.albatwitchday.com

November 2–3
The Super Con 6
Poasttown Elementary School
Middletown, Ohio
www.thesupercon.com ◆

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Time and Space, Ghosts, and Sasquatch

By Morgan Lineberry

Did a Paranormal Investigator Find a Time Warp in Vegas?

The neon lights, slot machines, cocktails, and constant activity that define Las Vegas are usually enough to make anyone lose track of time in Sin City. However, according to the Website Paranormal Warehouse, paranormal investigator Joshua Warren recently may have found a real "time warp."

Warren has been focusing his time measurements in the area between Las Vegas and Area 51, an area notoriously kept under wraps by the U.S. government.

"While using a DT Meter, which is a differential time rate meter, Warren received a reading showing time slowing down for 20 microseconds," according to a report on Paranormal Warehouse.

That may not sound like much, but time variations are not supposed to happen, according to the law of physics.

"That shouldn't happen unless there is some kind of unknown technology being tested nearby that would influence the environment or if there are naturally places around planet Earth that actually sort of flicker once in a while, that warp a little bit," said Warren.

Warren has only gotten one anomalous reading in the area, but he plans to go back to ensure that his findings are correct. If the reading proves to be repetitive in the area, Warren may have discovered something that could change our understanding of time.

It makes me wonder if Area 51 is living up to the hype surrounding it and truly housing some experiments or creatures that may be altering time itself.

First Fresh Meteorites Found Reveal Key Discovery

Another discovery has been made that may allow scientists to learn more about space without having to leave Earth.

"On March 7, three National Oceanic and Atmospheric Administration (NOAA) weather stations detected the fall of a meteorite about 15.5 miles (25 kilometers) off the coast of Washington state," according to Charles Q.

Choi of the Website Live Science. Following the meteorite detection, a mission began to recover some of the fallen meteorite. It was the "first intentional search for meteorites from the ocean."

"This fall might yield about 4,400 lbs. (2,000 kilograms) of meteorites," according to the Live Science article. That's a lot of specimens! Imagine what we may learn. Added bonus: The meteorite fell on the soft sea floor instead of hard ground, which means it is more likely to have larger pieces and "might yield large, relatively intact meteorites for scientists to study."

Unfortunately, scientists that searched for these meteorites did not find any large pieces on their first outing and speculate that they may have sank into the seafloor. They did gather sediment from the site, and after returning to the lab and spending six hours analyzing sediment, the team identified what seemed to be meteorite fragments in the last sample they had gathered. These samples may be from the meteorite's crust.

Hopefully, they will go back to dig up larger specimens, but in the meantime this is a great start. With new meteorite specimens like these, who knows what scientists will uncover about our mysterious Universe right here from Earth.

Haunted Police Station in India

In India, some police officers are getting a fright that none of them were trained for. "Officers of a police station in Jugsalai township, Jharkland, India, are reportedly so frightened of the ghosts they say are haunting the building that they won't work past 11 p.m.," according to Tobias Wayland on the Website The Singular Fortean Society.

Police are trained to handle all sorts of terrifying and dangerous situations, but this situation is one that these officers were not equipped for. They have organized prayers and other things to try to get the spirits out, but so far it has not worked.

"Officers report hearing strange sounds after nightfall, with the frequency of occurrence increasing after midnight," according to the report. Let's face it, if I was a ghost haunting anything, I would probably want to wait until after midnight myself just for dramatic effect.

The real question I had upon first finding this story was this: Why would a police station be haunted? I mean, churches, cemeteries, old buildings, hospitals ... all of these are the usual haunts. But not a police station.

Well, according to local legend, it is all about location, location, location. "Local lore has it that the police station was built on top of a site once used by villagers as a cremation ground, and that's the cause of the paranormal activity," according to the report. Needless to say, the sheer creepiness of this situation has these cops on edge.

Sasquatch Is Official

The City of Whitehall, New York, recently named Sasquatch as it's official animal, according to the Website The Singular Fortean Society. Awesome as this is, one may wonder why.

"External interest in Whitehall is largely dependent upon its history of Bigfoot sightings, and the village boasts three statues of the cryptid," according to the report. "A number of books and documentaries on Bigfoot have also been made that feature Whitehall."

The gratitude is obvious, and the town has decided to give Bigfoot the respect he deserves for helping them out so much.

The "Sasquatch adoption resolution" even states "the last Saturday of every September be officially known as Sasquatch Appreciation Day in Whitehall and that the Sasquatch will be the official animal of the village of Whitehall, New York."

The state has already recognized Sasquatch as an endangered species in need of protection, and now the state is making it an official part of their town. This really makes me happier than it should, and I'm also a bit misty-eyed. It is also a considerably better addition to a town than something like a haunted police station that even the cops are afraid of!◆

Got News?

Do have paranormal news you'd like to share with Paranormal Underground?
Email editor@paranormalunderground.net.

The Trailer for 'The Nun' Will Leave You Praying for Mercy

By Shannon Raphael, The-Line-Up.com

Once a horror franchise has hit three or so installments, it's usually easy to assume that the creators are running out of juice. But *The Conjuring* series has managed to prove us wrong on more than one occasion — and the latest addition to its twisted universe, *The Nun*, looks like another screamer.

Earlier this summer, Warner Brothers released the teaser trailer for the upcoming horror flick. It promises terror and fright, as the sinister spirit of a nun haunts the church she died in.

The film is certainly not our first introduction to the terrifying nun witnessed in the picture on the right. Those who saw *The Conjuring 2* will remember the character from her appearance in paranormal investigator Lorraine Warren's visions as she and her husband, Ed, look into the possibility of evil spirits.

Viewers will finally get some answers as to just who that nun was and why she still haunts the living. The film takes place in Romania in 1952, just after a nun kills herself.

After reports of strange occurrences in the church, a priest from the Vatican (Demian Bichir) and a young nun named Sister Irene (Taissa Farmiga) are sent to investigate the mysteries surrounding her death.

The trailer opens with Sister Irene's voice as she speaks to the priest about their mission.

"I had a series of visions when I was younger," she says. "And after each one ended, the same thought would be stuck in my head ... I saw a nun."

Many have been speculating about Sister Irene's place in the franchise: She is played by the younger sister of Vera Farmiga, who has played Lorraine Warren in each of the main *Conjuring* films. Will their relation explain some of the Warrens' ability to sense and cast out supernatural entities?

The Nun's apt tagline is "pray for forgiveness" — you'll find yourself doing just that after the trailer's jump-inducing conclusion.

Check out the trailer here ... if you dare.◆

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Panspermia: Did Life Start From Outer Space?

Astronomer Stefan Schwager Weighs In

By Maria Anna van Driel, NextTruth.com

The exact origin of life remains an unfathomable mystery; however, this does not mean that it will always remain so. Did life on Earth arise as a result of some type of chemical reaction, perhaps in the form of a ready-made unit of cells from outer space?

After speaking with several scientists who are directly and indirectly connected to the European Organization for Nuclear Research (known as CERN) in Geneva, Switzerland, my search for the origin of the Universe and mankind continued on, leading me to an observatory in Riesa, Germany.

This journey allowed me to take a deep dive into the depths of the Universe with astronomy — a natural science that studies celestial objects and phenomena whereby mathematics, physics, and chemistry is applied in an effort to explain the origin of those objects and phenomena and their evolution. To go in-depth, I spoke with Stefan Schwager, director of the Riesa observatory since 2005. The observatory offers lectures, observations, and a permanent exhibition.

Stefan has also led an astrology club for those interested in exploring the composition of the Universe, and he is committed to teaching children about space stations and the mysteries of the Universe.

Continue reading to find out more about activities at the Riesa observatory and Stefan's personal thoughts about black holes, dark matter, extraterrestrial life, and how life spreads in the Universe.

* * * * *

Q: We are standing in front of Riesa's observatory. Can you tell us a little bit about its history?

Astronomer Stefan Schwager is the director of the observatory in Riesa, Germany.

Stefan: We are looking at an old school observatory that was used for teaching the students about astronomy. It was rebuilt here in Riesa, Germany, in 1969. And when you look behind you, there stood a school building that was 13 meters [42 feet] high, and on the roof of this building stood this observatory.

Then, in 2013, the school building was demolished,

and we, as an association, carefully took it from the roof, transported it, and rebuilt it.

Q: Next year the observatory association of Riesa will celebrate its 50th anniversary.

Stefan: Yes, on June 18, 2019, we will have a great party. And after that we are thinking of purchasing a new telescope. Or maybe we will be lucky and someone will feel generous and donate a new telescope, one that is a little bit bigger so we can grow technologically and offer every interested visitor more of the beauty of our universe.

Q: Do students from the area also use the observatory for their scientific research in astronomy or astro-particle physics?

Stefan: Yes they do. Students who study physics and astronomy visit us, as well as students who are studying scientific topics that have close connections with astronomy.

Q: Is there also research being conducted here by scientists from outside the association?

Stefan: Many different experts are coming together here, which is important for the development of the theories they bring. Some of our members are studying physics or have already graduated in physics. But also chemists and biologists are members of our association. One of our members occasionally goes to the CERN for study and work.

Q: I had the chance to visit CERN last year, where I learned that open-minded scientists are not as rare as once thought. Still, in the field of scientific research, it is common to rely on numbers. What is your opinion when critical thinking, for instance, is applied to modern science?

Stefan: I have to say that when we observe or start to deal with certain ideas, something is happening in the mind. You go into conversation about the composition of the Universe, for instance, and suddenly someone from the area of physics or biology makes a comment that fits the theme and takes the conversation to that of one containing varied thoughts in where every theory in this area is permissible.

Sometimes we talk with school classes about these out-of-the-box themes. And maybe in the future some of these children will continue to study or work in this area.

Q: That is really exiting to hear that new theories concerning the Universe and its origin are being born when experts are meeting here in Riesa. What about the comet that may have wiped out the dinosaurs? Is that also a discussed topic by the members of the observatory association?

Stefan: Yes, it is often discussed, and not only by our members, but also with the children who are visiting us.

The Riesa observatory was built in 1969 as a school observatory. It was one of approximately 300 school and public observatories in the former German Democratic Republic.

They really love dinosaurs. We regularly get the question, "Wasn't there an asteroid that plunged to Earth and wiped out the dinosaurs?"

Q: What is it that you tell these young children about this violent event from the past?

Stefan: We always start by explaining meteors ... and then telling them that it is completely normal that rocks from outer space enter our atmosphere and land on the surface of the Earth.

Q: Do you think that this comet was the only event that brought a distortion in the evolution in the Jurassic era?

Stefan: No, I think it was not only the comet that changed life abruptly back then. Perhaps there where several events during that time that led to the extinction of many life forms like the dinosaurs.

Q: Is there any chance for life forms to survive such a catastrophic event?

→

Stefan Schwager weighs in on killer comets, dark matter, and alien lifeforms.

Stefan: A rough woodlouse, a spider, or a cockroach maybe because they quickly get used to a new environment. But bigger life forms ... well, that is very unlikely but not impossible.

Q: What would happen to life on Earth if something like that would happen today?

Stefan: When we are talking about an asteroid or comet having a cross-section of 10 kilometers, we are talking about a global killer. The disasters that are spread in successive events when a rock of such a size hits the Earth's surface will lead to every life form, in increasing amounts, being inferior to this.

We would have earthquakes, floods, and fire disasters in the atmosphere. These are the primary events that would make survival impossible. If this would happen today, 90% of the life forms that are known to us would not survive.

Q: Do you think that there would be a slight chance for even a small percentage of the human species to survive such an event?

Stefan: I think this would be unlikely because we do not have the right adaptabilities to survive this kind of natural violence. You can compare it to when the Internet is taken away or a mobile phone ... most people would be overwhelmed and not know what to do anymore.

Q: Yes, I know that feeling when the Internet suddenly goes out. In that moment, it seems like the whole world is being swallowed by a gigantic black hole. Speaking of black holes, I heard once the phrase "galactic vacuum cleaners." What are black holes exactly?

Stefan: Black holes, in general, are a theory and have emerged somewhere on the basis of observation and consultation. The actual visual proof comes from, for instance, the Hubble Telescope, whereby recordings have been made where effects can be seen of, for example, jet streams.

And when telescopes have gone closer to the center of the Milky Way, they have captured some "movements" that caused some people to say, "There must be something!"

Q: You mean at a thermal level?

Stefan: Correct.

Q: On the subject of dark matter, I have a theory that concerns the sterile neutrino and tachyon. The sterile neutrino is empty, but what if this emptiness is just a vibration that, high or low, today's detectors cannot detect. Do you think that a neutrino "flavor," as in neutrino-tachyon, has the possibility to be dark matter due to the undetectable vibration of the yet-to-be-proven tachyon?

Stefan: Every theory and or thoughts concerning this topic is welcome, because we know too little about what it actually consists of. All over the world people are trying to prove the existence of dark matter, as well as to detect it. But to take it out from the world of theories and bring it into the world of existence is still a core problem that researchers are currently working on.

So, yes, it is acceptable to think in this direction and to implement every possible theory when it concerns things such as dark matter. But one has to look at the results of measurements and observations that support or reject the theory.

Q: Do you think that we will ever find the proof of the existence of dark matter?

Stefan: Science is in a very innovative and fruitful period where we're looking at the research. But can we ever prove it with today's technological instruments? That is probably something nobody knows.

Q: Standing here inside the observatory next to this telescope, I cannot help but wonder what would you wish to find in the Universe using this telescope?

Stefan: Well, for instance, if while we were observing the moon, we saw a spaceship take off and then land on Earth an hour later, and then we were the first to report it.

Schwager talks with children in his community about astronomy and life on Earth and beyond.

Q: That would be big news and prove that alien intelligent life forms do exist. Is this also a topic that is being discussed in Riesa's observatory association?

Stefan: Yes, that is something that is strongly being discussed by our members, but also with the school children who are visiting us. They come to us and say, "Aliens!" which is a big theme for them.

We start talking about this interesting theme by explaining that our planet has life forms everywhere. We can find steady bacterial life in the coldest and hottest places, but also deep down in the Earth ... in the deepest water channels and in the highest atmospheres.

Q: But that is here on Earth. What about the rough environment of the Universe? Do these bacteria have a chance to survive out there?

Stefan: Through the International Space Station, we know that even in vacuum microbes can survive. And that is unbelievable ... that life is capable in such extreme environments.

Q: What you are saying is that it is not ruled out that life on Earth as we know it today had the chance to evolve due to panspermia?

Stefan: Correct. Panspermia is often merged when people speak about evolution. We know, for instance, that over many millennia many life forms have lived on our planet in many different forms.

And when you look at the moon of Jupiter, Europa, having a thick ice shield and a suspected ocean underneath it ... and perhaps life is evolving parallel to us beneath this thick shield of ice.

Q: Are other planets or moons also spreading life?

Stefan: Yes. Mars, for instance, is known as a potential life carrier, whereas the moon of Saturn, Titan, has an atmosphere that was very close to ours 3.5 million years ago.

And that alone makes it possible in our solar system that there is a small chance of bacteria, or maybe more highly evolved life forms, such as plants or mosses from other planets, to have existed here when the Earth was still young. Maybe even small animals that have not been found yet.

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For more information about Stefan Schwager and the observatory, visit http://www.sternenfreunde-riesa.de/home/. ◆

The Great Grand Canyon Mystery

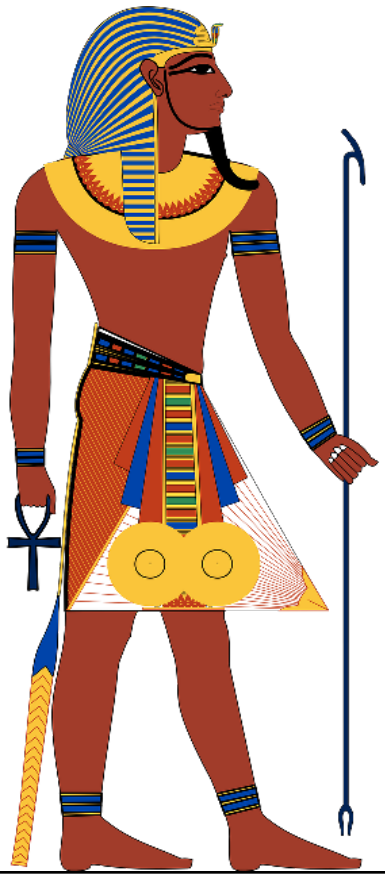
By Rick E. Hale

Our understanding of history continues to evolve. A perfect example of this is the discovery of the North American continent. For decades it was an accepted historical fact that Christopher Columbus was the first European to set foot in this part of the world. However, certain discoveries have been made that suggest the Vikings were here centuries before Columbus made his historic voyage.

We now know that Columbus was the first European explorer funded by a European government. The Vikings may have come here for purposes of farming and trade. But, let's go back much further to when people in the old world had no idea that lands existed far away across the vast Atlantic Ocean.

According to some historians, arguments could possibly be made that the discovery of North America happened hundreds or even thousands of years before Columbus or even the courageous Vikings. Some believe St. Brendan, an Irish monk walked on our shores in the 6th century CE. And the masters of the high seas, the Phoenicians found a way to cross the Atlantic.

But, it was written in an Arizona newspaper in 1909 that the ancient Egyptians may have been the first. As absurd as it may sound, the architects of the pyramids may have made their home in the American Southwest over 5,000 years ago.



In the April 5, 1909, edition of the *Phoenix Gazette*, a story was run that rattled the mainstream archaeological community. The story detailed the exploits of GE Kincaid, a gentleman explorer and archaeologist with the Smithsonian. According to the article, Kincaid was exploring the Grand Canyon. He claimed that while exploring a canyon wall 42 miles upstream from El Tovar, he discovered a hidden cave. Such a discovery wouldn't be that big of a deal in a place like the Grand Canyon; there are dozens of caves. But, it was what he found in the cave that made this cave special.

Upon exploring the cave, Kincaid reportedly discovered a vast underground city one mile down. Before entering the city, he claimed to come upon a citadel with a giant statue seated upon a pedestal. He described the statue as having an Asian countenance sitting cross-legged and holding a lotus flower in each hand. Kincaid knew immediately this out-of-place statue was none other than the Buddha. This statue alone could change the way we perceive American history, but the further the archaeologist explored, the more he found.

As he wandered through the streets of the underground city, Kincaid discovered carved images on the walls that appeared to be Egyptian in origin. He also found a huge tomb stocked with hundreds of mummies along with copper tools and weapons. These swords, shields, and spears, as far as he knew, were not used by

Source: InSapphoWeTrust via Wikipedia

local Native American tribes. These weapons would have been used by cultures in the Far East. By his estimation, more than 50,000 people could have populated this city. But, who these people were was a great mystery.

Before leaving the cave, Kincaid made a detailed diagram of the city and a map that would lead others to his find. He then hightailed it back to his bosses at the Smithsonian to report his unprecedented discovery. Unfortunately, his superiors and colleagues would be less then receptive to this apparent find of the century.

SA Jordan, Kincaid's boss, agreed this was an extraordinary find of archaeological significance. Unfortunately, not everyone at the Smithsonian shared in his enthusiasm. According to contemporary researchers, the Smithsonian engaged in a conspiracy to cover up this lost Egyptian city. The name G E Kincaid can't be found in any records other than the *Phoenix Gazette* article. As far as the Smithsonian was concerned, there has never been an underground city hidden away in the caves of the Grand Canyon, and the story in the Phoenix Gazette was nothing more than an example of yellow journalism.

This may be accepted by the mainstream scientific community, nevertheless the local Hopi would disagree. According to Hopi legend, their people once lived in an underground city hidden away in the Grand Canyon. One day, two factions in the city went to war. One faction was sent to the surface, where they were forced to endure the harsh environment, while the other faction stayed in the hidden city. Eventually, the people of the city died, and the faction that was now thriving on the surface became the ancestors of the Hopi people.

Is it possible the Hopi are descendants of ancient Egyptian mariners that settled in Arizona? And if this city exists, why cover it up? Some researchers believe the Smithsonian had a lot to lose if this underground city was ever discovered. They needed to maintain the status quo and their credibility.

Today, when visitors to the canyon look out across the south rim, their eyes are met by seemingly natural features with Egyptian-sounding names. The pyramid-shaped Isis Temple is one of the more curious structures. Researchers who believe the ancient lost city exists believe the Isis Temple was built by human hands. They believe the structure is the tomb of a warrior/king, and the entrance was sealed over a century ago. Two other structures with Egyptian names, the Tower of Set and the Tower of Ra, are near the Isis Temple. When asked how these geological structures got their names, experts seem to draw a blank.

An extraordinary mystery may exist at the bottom of the Grand Canyon. A mystery that could prove the North American continent was known to ancient cultures. Unfortunately, we may never know unless someone blasts open the caves and rewrite history as we know it.◆

Exploring Haunted Southern Oregon & Northern California

By Karen Frazier, AuthorKarenFrazier.com

Steeped in Gold Rush lore, Southern Oregon and Northern California are the site of numerous haunts associated with legends of the Wild West. In mid-July and early August, I embarked on two road trips that took us into the heart of Gold Rush country and straight into the haunted history of Southern Oregon and Northern California.

Oregon Caves Chateau, Oregon Caves National Monument

Built in 1934, the Chateau at Oregon Caves is a rustic six-floor (three stories in the front and six floors in the back) lodge right across from the caves themselves, which you can explore on a guided tour during the summer months. The road to the caves is winding and steep, but it's easily accessed every summer by thousands of vehicles filled with families eager to explore the caves.

The exterior of the Chateau is cedar bark, giving it a rustic appearance. Inside, giant log posts support the structure, and the designers brought the outdoors in with wooden beams, stone fireplaces, and wooden floors and staircases. In the lobby, giant windows look out on a vast expanse of towering evergreens.

The Chateau is an old building, and it's ready for refurbishment. In fact, 2018 is its final summer for a few years. Staff members told us it was closing for the next two years to refurbish it, but it will reopen for the summer season of 2020.

Like many old, rustic buildings, the Chateau has its own haunting tale, which surrounds the rooms on the third floor. Rumor has it that on the third floor, a new bride either jumped or was pushed to her death out a

The Chateau at the Oregon Caves is closing after the 2018 season until 2020 for refurbishment. The Chateau has its own haunting tale, which surrounds the rooms on the third floor. Guests and employees report an unhappy and unfriendly ghost who is heard moaning and crying in closets, empty rooms, and hallways on the third floor.

window when she found her new husband in a passionate embrace with a Chateau employee.

Guests and employees report the bride, Elizabeth, as an unhappy and unfriendly ghost who is heard moaning and crying in closets, empty rooms, and hallways on the third floor.

No historical records show of any deaths at the Chateau, and the sad new bride who kills herself is a popular origin story for ghosts in all kinds of haunted locations. So while proof is low, anecdotal reports run high. Many people believe something supernatural occurs on the third floor.

My husband, Jim, and I stayed in a third floor room (in fact, I was in the room next to where the bride supposedly killed herself). And while I have no proof there is any haunting, there are two incidents somewhat of interest. First, every time I stepped onto the third floor, I was uncharacteristically angry, and that anger continued until I left again. Additionally, when Jim and I were in our room changing clothes so we could go on our cave tour, our door opened itself. That's not to say it wasn't improperly latched, but again, it's interesting but inconclusive.

Regardless of whether the Oregon Caves Chateau is haunted, it is worth a visit just for the cave tour. Tours will be open during construction on the Chateau, and the Chateau re-opens for the summer of 2020.

For more information, click here.

House of Mystery, Oregon Vortex

If Zak Bagans is to be believed, he is the chosen one because a bird pooped on him at the Oregon Vortex. That's right — last season *Ghost Adventures* filmed at this well-known Southern Oregon tourist attraction. As the story goes, the forces in the vortex are so powerful, there are no animals that will come within the most intense sections, which is why a bird pooping on someone is apparently an indication of the supernatural. With me so far?

I kid, Zak Bagans, I kid. Kind of.

But visit the Oregon Vortex we did (I watched the *Ghost Adventures* episode about the location after my visit). The House of Mystery is a small, one-room cabin that slid down a hill, so it's embedded at a slant in the ground. But, it sits smack in the middle of the Oregon Vortex, a place where mysterious forces screw with physics.

Visitors are only allowed on group tours where scripted guides offer demonstrations to show how people's height changes on level ground and other funky phenomena. They also tell ghost stories about how it is haunted by John Lister, an owner of the property who is said to have performed hundreds if not thousands of physics experiments at the Vortex, so fascinated was he with the property.

Pictured above is The House of Mystery at the Oregon Vortex. Please, for the love of God, do what the sign says and hold onto the rails. (Photo by Kristen Gray.)

The Vortex is slightly interesting — probably more so with a skilled and entertaining guide, and the physics effects while subtle are interesting. If you're prone to motion sickness, I recommend avoiding stepping into the crooked house because it can mess with your sense of spatial perception, but if you start to feel wonky, step to the window and look out it at the horizon. It should calm you right down.

I will say that on the property, I definitely felt odd. There was some kind of a shift. My friend, Kristen, felt something similar; it was as if gravity was a bit heavier there or something. We saw no evidence of ghosts.

The House of Mystery at the Oregon Vortex is worth a visit as a curiosity, but don't expect a bird to poop on your head unless you, too, are the chosen one.

For more information, click here.

Jacksonville, Oregon

Nestled in Southern Oregon southwest of Medford, Jacksonville is an adorable Gold Rush town that has preserved its historic buildings beautifully. The main drag is

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According to *Ghost Adventures,* the Inn and area are haunted by some kind of vampire creature. It is also said to be haunted by author Jack London.

now mostly upscale touristy shopping, but it's cute as can be and gives you a little taste of the Wild West.

The town has haunted trolley tours, and the Jacksonville Inn is reported to be haunted as well. We didn't experience anything there, but we had a lovely chat with a man at the historical society who told us all about the town back in its Gold Rush days. And we enjoyed the rustic and beautiful buildings. It's worth visiting if you're in the area.

For more information, click here.

Wolf Creek Inn, Wolf Creek, Oregon

Located about 30 minutes north of Grants Pass right along I-5, the Wolf Creek Inn is a historic and picturesque inn on a lovely and peaceful piece of property. It has nine guest rooms, and the owners have done a fantastic job of preserving its historic character, including a room frequented by Clark Gable appropriately called the Clark Gable Room and another frequented by Jack London called the Jack London Room.

Others who have stayed included Mary Pickford, Douglas Fairbanks, John Wayne, and Orson Wells. And, of course, Karen Frazier. I'm pretty sure they're going to name a room after me.

The Inn was built in 1883 as a stage coach stop along the Applegate Trail, and it boasts nine guest rooms and beautifully preserved public areas. It also has a restaurant that makes tasty food, and the rooms are, quite frankly, adorable.

It turns out Wolf Creek Inn was another haunt featured on *Ghost Adventures* last season; I watched it after our trip to see what all the hubbub was about. According to *Ghost Adventures*, the Inn and area are haunted by some kind of vampire creature. I saw no sign of that, in case you were wondering, and if I did, I'd imagine I'm one of the undead now and wouldn't tell you if I was because I want to be able to surprise my victims. But I digress ...

Other reports of hauntings include Jack London, who loved it so much he spent a summer there writing a book, and a female stage coach driver who dressed as a man calling herself One-Eyed Charlie.

I was unaware of these legends when I entered the hotel, and the first thing I saw was a woman that was a man. But that was just in my head, and I immediately dismissed it until I heard the whole One-Eyed Charlie story.

My friend Kristen, who was with me on the trip, talked to the innkeeper, who took over after GA filmed there. She said things were pretty stirred up for a while and a lot of weird stuff happened but that she just talked to them (the spirits) as she went about her business, and things calmed down.

Points of interest for people interested in ghosts include the Jack London Room, the Clark Gable Suite, and the second floor ballroom.

While we didn't have any haunted experiences, we loved the hotel. It's charming, the service is good, and it has really good food. The room rates are reasonable, as well. I recommend going and staying for the charm and history — and maybe a ghost or two.

For more information, click here.

Golden, Oregon

I've got to say, it seems as if we were unintentionally walking in the footsteps of Zak and the *Ghost Adventures* gang on our Southern Oregon road trip in early July. Because surprise, surprise; they went to Golden, Oregon, as well.

Golden is a ghost town about five miles from the Wolf Creek Inn along a shady tree-lined country road. It was settled near Coyote Creek during the Gold Rush in the 1840s, first as a gold miners' camp and then a Chinese miners' camp. Later, a Campbellite church was built along

Inside the church in Golden, Oregon. I was not possessed by anything except the urge to lounge in a sunbeam.

with a general store, a school, and a minister's house.

So picturesque is the abandoned ghost town, *Bonanza* filmed there (the fake graveyard they added still stands next to the church), and well, so did *Ghost Adventures*. Guess what I watched when I got home?

Currently, the school, general store, church, outhouse, and minister's house still stand. You can go in the church and the school, but the other buildings are pretty dicey, including an outhouse that's about to fall over but is shored up by a few long planks.

Paranormal reports include a dark energy in the church (I bet you can't guess who, on a certain television show, was possessed from the moment he entered there) and some kids in the schoolhouse. *Ghost Adventures* also reported some kind of demonic activity in the woods. I saw no evidence of that, but I wasn't there long.

I thought Golden was lovely and historic. It was picturesque, pretty, and I didn't experience anything paranormal. That's not to say you won't. Go visit. It's a great little piece of history and a fun ghost town with a few buildings to explore.

For more information, click here.

Winchester Mystery House, San Jose, California

I'm pretty sure everyone has heard of this place — or at least dedicated ghost people have. It's on the bucket list of many. I went there with my friends Kristen, Kasci, and Rocky. We went there on a whim, since we were sort of in the neighborhood (if you consider being within 118 miles being "in the neighborhood") during our early August Northern California road trip.

If you've seen the movie *Winchester*, you may be familiar with the broad strokes of the story of Sarah Winchester, heir to the Winchester Repeating Arms fortune. According to legend (and the movie), after the death of her daughter and husband, Sarah visited a medium who told her she was cursed by all the people Winchester guns had killed and told to move to California and build a house, never stopping, to keep the ghosts at bay.

The movie takes a bit more license with the story, but legend holds that the Winchester Mystery House is haunted by both protective and unhappy spirits. There is very little historic fact to uphold the legend; Sarah Winchester was the subject of a ton of gossip in San Jose given the "crazy" house she was building, and stories may have arisen from that.

Some historians contend Sarah's continuous building had nothing to do with ghosts or guilt about the Winchester fortune and everything to do with her belief in Theosophy, Rosicrucianism, and Freemasonry, which actually pretty neatly accounts for her obsession with certain things like the number 13 and spider webs. One historian insists her obsessive building was to create a giant, Rosicrucian-themed puzzle, while another insists her continuous building was an act of charity to keep locals employed.

Sarah was notoriously generous with her staff; she paid them well, and they were fiercely loyal to her, so not one of them after her death ever confirmed or denied rumors surrounding her and her most interesting house.

With all that said, the house is pretty amazing. It sits right in the middle of downtown San Jose surrounded by the most beautiful gardens, grounds, fountains, and statues. The front façade is a beautiful Victorian style, and it's only as you walk around the sides and back that you can see all of the various add-ons, styles, and materials as building continued over the decades. At one point, the house was as tall as seven stories, but the Great San Francisco Earthquake took care of the top four.

I can't definitively say I had an experience, but from the moment I walked in, the energy of the house was disorienting. But it was also hot, narrow, claustrophobic, I hadn't eaten for hours, and I was probably dehydrated, so ...

As we walked through the first few rooms, I grew more and more disoriented, especially once we entered her claustrophobic séance room, which was in the exact

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Legend holds that the Winchester Mystery House is haunted by both protective and unhappy spirits.

center of the house. Leaving that room through a closet (because why wouldn't you exit a room through a closet, I felt like I was going to Narnia), we passed through the bedroom where she died and into a large open area where I experienced a wall of black moving up over my eyes, and I felt like I was going to pass out. I left the tour at that point, went and had something to eat and drink, and felt better as I explored the exterior grounds.

Does that mean I experienced a haunting? Who knows. However, what I will say is one of the employees mentioned sight loss as something people experience in the house. So yeah there's that.

Should you go? Heck yes, because it's ridiculously cool and a great story! Drink lots of water and understand there's no climate control in the house. Stay with the tour or you could wander forever, and if you have the money, take the secondary tour (it's only $10 more), which gets you into a lot of extra spaces.

For more information, click here.

Ione Hotel, Ione, California

What's a good haunted location tour of the Wild West without at least one brothel? That's what the current Ione Hotel reportedly once was, with ladies of the evening serving the lonely gentlemen of the California Gold Rush.

The hotel was built in the 1850s as a boarding house for miners and a stagecoach stop, and it has extremely rustic rooms (complete with water closets). In 1910, it was destroyed in a fire and rebuilt. I don't know when it was a brothel, but claims are it was, and there's even an image of the madam painted on a brick wall.

One of the rooms supposedly was the sight of a murder during the brothel days and now bears images on the walls and carpets of roses and hummingbirds that won't go away despite the fact they were never put there and have been painted over repeatedly. I saw them; it was a stretch, but it's a fun legend. There's also a rumor of a boy drowning in the downstairs well. These are all common stories associated with such buildings. Are they true? No idea.

There are numerous reports of ghostly activity from both guests and employees, but as far as I know, none of us (several of us stayed there) experienced anything except slightly lumpy and uncomfortable beds. I wouldn't stay there again, but you might have an experience if you visit.

If you happen to be in Ione, it's the only hotel in town anyway. My advice is get your quoted rate in writing, and don't expect anyone to make up your room, be there to give you fresh towels, check you in or out, or anything else. On the plus side, temperatures were about 103, but there were window air conditioning units in the rooms, and there were no bed bugs.

For more information, click here.

Preston Castle, Ione, California

Our final destination on our Northern California haunted road trip is a place on many people's bucket list, Preston Castle (and surprise surprise, guess who's been there? That's right! *Ghost Adventures* way back in the early days). We were there for a ghost conference event to raise money for the Preston Castle Foundation, which seeks to preserve the giant, crumbling castle that was opened in about 1895.

The castle served as a reform school for boys aged 7 to 25, and when they closed it, it was because they built a new version right next door complete with a guard tower, razor wire, and a whole bunch of California condors floating above the property.

Preston Castle in Ione, California, is a piece of history, including being the site of a reform school. According to visitors and ghost hunters, ghostly activity permeates the Castle.

Preston Castle sits on a sprawling property with many other buildings associated with the school — all also abandoned years ago. It looms over the city of Ione, a beautiful red brick giant from another time.

The castle is in rough shape, which is why preservation is so important. It's a piece of history, and there are many reports of ghostly activity. There are also a ton of bats and owls and heaven knows what else that makes the castle home.

I didn't have any experiences at the castle, but I know many people have, and it's such a cool and interesting piece of history (and haunted lore), if you have the opportunity, go.

There's a small museum on the first floor, and even walking around the outside of the castle is pretty darn impressive. If you are able to go in beyond the museum, I recommend dressing in sturdy shoes and being prepared for dust, bat guano, bats, and owl feces. If the opportunity arises, go.

For more information, click here.◆

Magick, Mischief, and Kilts
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Exploring the Native American UFO–Star People Connection

With a Bit of Ritualistic Indian Magic Revealed!

By Sean Casteel, SpectralVision.wordpress.com

It is generally acknowledged that the myths and legends of nearly all Native Americans have a rich and varied history of an interaction with the "Sky People" or "Star People" in common with one another. In a book recently reissued by Timothy Green Beckley's Inner Light/Global Communications, entitled *The American Indian UFO-Starseed Connection*, this idea is thoroughly explored by a number of well-known authors, to include the late Brad Steiger, whose numerous books on paranormal subjects have sold many millions of copies.

UFO Believers and Nonbelievers

One of the Native American sources Steiger spoke to directly for his chapter in the book told him, "I doubt very much if you will find another Indian who will tell you this, but I don't believe there is any doubt whatsoever that there are Indian people on the face of the Earth who did not originate on this planet."

But there exists a schism among Native Americans about their true origin. Some of the Hopi, for example, believe in a tribal descent from the UFO occupants and an ancient culture, while others favor the more orthodox, anthropological description of their lineage. Meanwhile, a collection of predictions labeled the "Hopi Prophecies" are believed to predict not only that exact schism of spiritual faith but the coming of the UFOs as well in what sounds like a Native American version of the coming apocalypse.

A petroglyph in Arizona is said to show a dome-shaped flying saucer with an arrow on top that represents travel through space. The Hopi maiden on the dome shape represents "purity," delivering an ominous warning about the future "Purification Day."

"Those Hopi who survive Purification Day will be taken to other planets," the Native American source told Steiger. "We, the faithful Hopi, have seen the ships and

know they are true. We have watched nearly all our brethren lose faith in the original teachings and go off on their own course."

Ancient Rock Art From the Stars Tells the Tale

There is still much to learn, however, from the faithful of ancient days. Steiger runs through a catalog of petroglyphs (or stone carvings) and pictographs (or stone paintings). Thirty miles northeast of Price, Utah, is the beginning of one of the most unusual canyons in the nation, Nine Mile Canyon.

"Prior to 1100 A.D., the Fremont culture occupied the canyon," Steiger writes, "and the records they left in the form of petroglyphs and pictographs comprise the heaviest concentration of rock art in the world today. The Fremont people developed their own art style, which, interestingly, was typified by horned, trapezoidal-bodied,

human-like 'anthropomorphs.' Were these creatures somehow symbolic of nature spirits? Or did they truly represent visitations by beings decidedly different from the Fremont people's other Amerindian neighbors?"

Another fascinating petroglyph in Nine Mile Canyon consists of a horned person-like figure. To someone of an ancient astronaut bent, the horns may be the sprouting of antennae from a space helmet.

"In this instance," Steiger writes, "the creature is standing before a row of upraised human hands, which seems to imply awe, reverence, or fear. To the human figure's left, there is a disc-like object. To the disc's left, there is an upside-down human figure faintly etched in the stone."

In Christina Lake, British Columbia, Canada, one finds a most intriguing pictograph in a natural grotto. The drawing depicts a white disc with black wing-like protuberances hovering over four figures who appear to have bent their knees in an attitude of reverence. Squiggly lines, perhaps suggestive of rays of light, emanate from the top of the object. Longer, more irregular lines extend from the bottom of the disc, possibly portraying smoke or fire.

It is noteworthy that Native American artists — separated by time and thousands of miles — chose to portray not just the appearance of the UFOs, but also the awe and reverence with which they as mere mortals had responded to the ships. This is consistent, of course, with similar encounters in the *Bible*, as well as ancient astronaut lore from throughout the world.

Marriages Made in the Stars

As described in their book, *Indian Wisdom and its Guiding Power*, Brad and Sherry Steiger share lunch with the Uros Indians on their remote island. The Uros honor a mandate not to accept any of humankind's technology in order to have the Sacred Ones they believe they have descended from return for them in the End Times.

Steiger also discusses the correlations between Native American myths and fairy lore from the European continent, including the notion of mortals of both sexes having amorous relations with beings from beyond.

"The legends of Native Americans contain many accounts of Star Wives and Star Husbands," he writes. "Although there may be individual cultural differences from tribe to tribe, the basic accounts of the Star Husband could be outlined in this way: A young girl sleeping outside the lodge or wigwam is taken away during the night by the Star People. She awakens to find herself in a different world and the bride of a Star Husband.

"Although life is pleasant in Star Land," Steiger continues, "the girl grows lonesome for her own people. From time to time, she is permitted to look into a hole through which she can see her tribesmen. But if she grows too despondent, she is permitted to return to her tribe, usually after performing a task which seems to her nonsensical. If a child has been produced by their union, it is usually required that she leave her offspring with her Star Husband and his people."

A Modern-Day Native American Experiencer

In another chapter of *The American Indian UFO-Starseed Connection*, we read the first person account of "Dennis," a Native American, and his UFO encounters, some of which he experienced while undergoing a rite of passage to male adulthood. Dennis hails from a section of New Mexico located between the towns of Grants and Raymond.

"I come from a country," Dennis begins, "that is 7,000 to 10,000 feet above sea level, with ponderosa and high pines. It is known for what we call 'spook lights.' They are usually red or blue. We have a lava flow that is undatable. Some archeologists have tried to date it, but they can't figure out when it erupted. We have a couple of active volcano areas. There are a few areas which cannot be explored because of the terrain. The Indians have many legends about these areas.

→

"When I was growing up," he continues, "I remember seeing lights zip across the sky. There have been archeologists in the area. Most of them don't make it past midnight. Something scares them!"

A Ritual of Terror

Dennis goes on to talk about undergoing the traditional initiation ceremony.

"What happens is, you are taken out to an area blindfolded and left there. You are supposed to stay in that area for 24 to 48 hours, depending on how big of a wimp they think you are. A few don't make it. The first time I went out, I didn't make it. The canyon, just below me, lit up as bright as day. Being very young, I decided that running through the cactus at high speed and jumping barbed wire fences would be safer than sticking around. So I went screaming back to the village."

When Dennis tried the ritual again a few years later, a similar thing happened. Only this time, when he saw the large lights, he decided to move in closer and explore. By the time he reached the area that had been so illuminated, the light had dimmed and gone away.

Like Steiger's Native American friend, Dennis also complains of nonbelievers in his community.

"The tradition tells of different types of visitations," he writes. "I grew up with people who believed that if there was a visitation, it was our government causing it. If we had a flying saucer in the area, it had a U.S. Air Force sticker on it. Later on, these people became unsettled by things they had seen out there."

As an example, Dennis offers the story of the sighting of a pair of red dots that appeared over the horizon as the tribe was conducting their traditional races. The dots looked like they were sitting right on the mountain. Within a few seconds, they took off across the sky. On their way across, they did a "few tricks." Then they went across the horizon and disappeared. The startled witnesses began to pray and meditate, seeking to find out what was going on.

Witch Doctors and Babies From the Sky

Dennis had also heard reports of witch doctors who started their walk in New Mexico and all of a sudden showed up in Mexico, traveling two or three thousand miles in a couple of days.

"The witch doctor who did this was old when I was growing up," Dennis writes, "and he's still around. I met him, and I remember him from the time when I was two or three years old. He still walks through the desert, still makes his meditation runs and his medicine runs. He has some charms that are very unusual."

Later, as an adult in the military service stationed in California, Dennis again brushed up against the paranormal. "Even the Indians that I met in California had legends," he said. "I got into the Yeti/Bigfoot legends when in I was in the service. I found that many tribes which

were up on Mount Shasta all had a joint story. It was about a baby born from a sphere that had fallen from the sky. They [these children] were supposed to be stronger than normal and hairier than normal. They were supposed to have all kinds of abnormal characteristics. They could not speak as we do, yet they communicated among themselves."

An anthropologist from the Denver Museum visited an area near Dennis' home in an attempt to investigate and document the region's strange native legends. The anthropologist set up his camping gear and waited. But at 10:30 p.m., "something" unknown came into the camp that drove both Dennis and the anthropologist out into the unsheltered night. At first, Dennis had warned the visiting scientist to stay close to the fire because only light could protect them from whatever was making its presence felt. Two minutes later, the anthropologist was packing up and heading for his jeep. The fear was simply too much for him.

Dennis seems to be speaking of creatures resembling the often-seen small "gray" aliens as the culprit in the above story.

"These creatures are not Bigfoot," Dennis said. "Their height is about 3'11' or maybe four feet. I've never seen them during the day. I know that they walk on two legs. They are also ambidextrous."

Dennis said he believes the diminutive creatures love dill pickles. He tried baiting a trap with dill pickles for the creatures, but they managed to get the pickles without setting off the trip wires.

The Magic That Comes With Genuine Contact

Having established the possibility of an ongoing contact being shared by some Native Americans and the UFO occupants, how has this contact been made to manifest in the day-to-day lives of the indigenous earthlings? To answer this question, we turn to another book from Timothy Green Beckley's Global Communications publishing house called *Lost Indian Magic*.

One learns in the book that the Native American method of contacting the spirits that are believed to rule over their lives is to chant or sing to them. "Lost Indian Magic" includes a song intended to serve as a love charm. The words seem to mean that the man singing the song wants to isolate his beloved from the rest of the world.

"Place her standing up on the earth. Where her feet are now and wherever she may go, let loneliness leave its mark upon her. Let her be marked out for loneliness where she stands. I belong to the Wolf Clan. No one is ever lonely with me. I am handsome. Let her put her soul in the very center of my soul, never to turn away."

Obviously, it is easier to work a love charm on a lonely woman than one surrounded by competing suitors.

That song is followed by one intended to ensure the woman's constancy.

"This woman's soul has come to rest at the edge of your body. You are never to let go your hold upon it. Let her never think upon any other place. The woman has put her soul into our hands. We shall never let it go!"

There are similar songs included in *Lost Indian Magic* intended to ensure the faithfulness of one's spouse. But, interestingly, a song to be sung by a jealous rival is also in the mix. The song is "For Separation of Lovers." Tobacco is used in this particular ceremony.

"The blue tobacco has come to be your recompense. You have alighted midway between them where they two are standing. You have spoiled their souls immediately. They have at once become separated. Let her eyes in their sockets be forever watching for me. There is no loneliness where my body is."

The fact that such a song exists for the sake of a jealous rival implies a surprising frankness about human nature. Whatever spirits devised the words seem to be unfazed by a love interest from outside a given marriage. Could it be used as evidence in divorce court?

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Birth Totems: What's Your Sign?

The reader may enjoy another aspect of Native American lore called "The Birth Totem." It springs from the Native American tradition that everything in life is a circle. This understanding of the cosmos resulted from their observation that the Sun moves in a circle, from morning to night and then back again to another morning.

The waxing and waning of the Moon, from full moon to dark moon and back again, is also a circular movement. They also concluded from the changing of the seasons that the Earth itself moved in a circle as well.

They divided the circular year into 12 "moons," with each moon possessing its own set of animal, mineral, and plant totems. Each of these totems possessed certain qualities that could be passed onto people depending upon the moon under which they were born. The 12 birth totems are similar to the 12 signs of the zodiac we are already familiar with.

"The Birth Totem" springs from the Native American tradition that everything in life is a circle. This understanding of the cosmos resulted from their observation that the Sun moves in a circle, from morning to night and then back again to another morning.

As with the zodiac, the characteristics listed for each totem are not necessarily the traits that everyone born under that totem possesses. Each person is unique and moves along in their own way and at their own speed. But those born under the same moon tend to share certain broadly defined qualities.

The fun part is finding your own birth totem moon. For example, my birthday falls within what is called the "Rest and Cleansing Moon." My animal totem is the Otter, and my mineral totem is Turquoise. I'm said to be broad-minded, lively, unconventional, perceptive, inventive, self-assured, self-reliant, dynamic, friendly, and artistic. I sound like a great guy using this totem system, eh?

The Story That the Moons Tell

Lost Indian Magic also provides a listing of sacred herbs to be used in the various ceremonies before it launches into a reprinting of a book from 1918, written by Grace Purdie Moon and Carl Moon, consisting of what the Moons call "A Mystery of the Red Man as He Lived Before the White Men Came." This long lost and rare book featured paintings and photos by Carl Moon, which Beckley has faithfully reproduced in this newer version.

Surprisingly, for its time, the book is remarkably free of any anthropological bias or prejudice. The authors recount a mystery story that engages the reader from its opening lines and never lets go.

"Out in the region of the sage and the pine," the Moons write in their Foreword, "in the far reaches of the ever-mysterious desert, the Indian campfires of the long ago heard many a tale worth the telling. Some there were that have been handed down, through the channel of an unwritten tongue, from age to youth — told, retold, and told again until they come to the hearing of even you and me. Thus the ancient tale of the Lost Magic comes to be set down.

"It may be that the legend loses somewhat," they continue, "in parting with the strange tongue that gave it birth, but the thread on which the crude beads of its adventures are strung runs back even to the first account, and may be of the same spinning."

The story tells of the protective magic given to the Ah-co tribe by a small bear carved out of turquoise. The artifact is stolen by another tribe that is jealous of the good fortune the bear heaps upon its people. With the bear's loss comes the inevitable want, woe, and disaster for the Ah-co. Seasons pass, but finally the Great Spirit, whose symbol is the Sun, goes forth to find the little blue bear and restore it to his people.

Sounds like the kind of story one could envision as a summer blockbuster movie. It's even a little reminiscent of a *Star Wars* episode with, say, Luke Skywalker going out to do battle for some aspect of the Force while fighting to restore a semblance of moral order to a galaxy far, far away.

In any case, if you're interested in the ancient astronauts' legends of the Native Americans and the spiritual practices intended to obtain the blessings of this powerful alien force, then *The American Indian UFO-Starseed Connection* and *Lost Indian Magic* should be at the top of your reading list.

When it comes to contacting the gods of old in today's world, Timothy Green Beckley's books often contain just what the spiritual seeker needs in order to reach out and speak to the waiting, ever-patient unknown.

Suggested Reading

- *The American Indian UFO Starseed Connection*
- *Lost Indian Magic*
- *Legacy of the Sky People: The Extraterrestrial Origin of Adam and Eve; The Garden of Eden; Noah's Ark and the Serpent Race*
- YouTube Channel: "Mr. UFO's Secret Files" ◆

New from *Paranormal Underground* columnist

Karen Frazier

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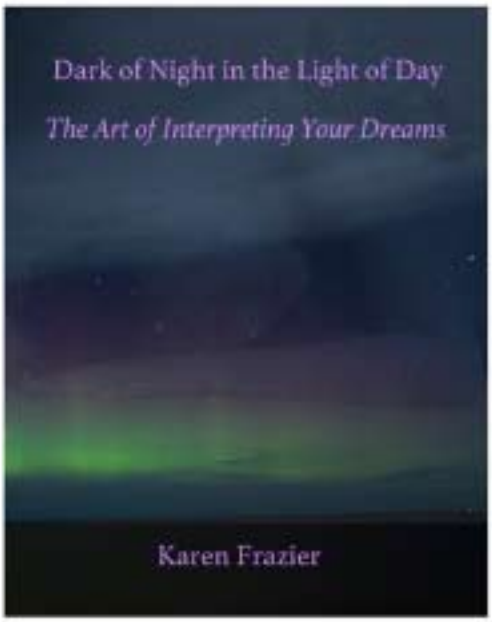

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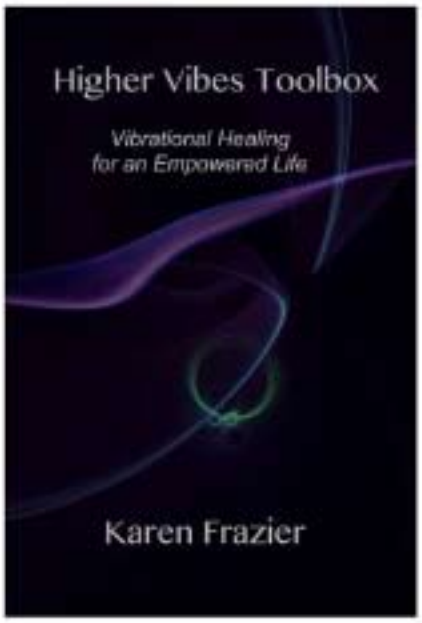

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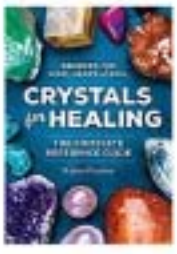

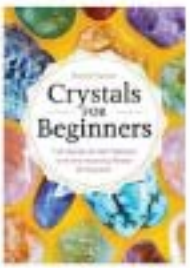

AuthorKarenFrazier.com

The Origins Behind 9 Terrifying American Urban Legends

Via The-Line-Up.com

We've all heard variations on these creepy urban legends: the babysitter who keeps getting calls from inside the house; the sound of a hook scraping against a car door; the ghostly hitchhiker who simply vanishes into thin air.

These stories, shared at slumber parties and over campfires, had to come from somewhere ... and what's most terrifying is that some are based in actual fact.

Here are nine of the scariest American urban legends and the regions from which some of the tales originated.

1. The Hitchhiker — Across America

By 1942, there had been at least 79 reports of encounters with a vanishing hitchhiker from all over the United States — so many that folklorists Richard Beardsley and Rosalie Hankey decided to make a formal study of the phenomenon.

In one variation, a young man meets a girl at a dance. She asks for a ride home, and the man complies; they hop in his car and head down the road. Before they reach their destination, however, the woman asks to be let out, saying she can walk from here.

Again, the man complies, but as he drives farther down the road, he discovers a gigantic car wreck, and the dead body of his date inside.

2. The Wendigo — Great Lakes Region

An evil spirit native to the Northern Coast of the United States and the Great Lakes, the Wendigo may appear human, but it is not. Based on the legends of the Algonquin-speaking people, the Wendigo is an early form of the idea of a zombie or a cannibal, something that was once human but now lives off human flesh.

Tales of the Wendigo were used to allegorize the dangers of greed.

While it made its first appearance in the earliest days of the Native Indigenous People of the Americas, the same spirit has gone on to influence popular culture, most notably as the driving demonic force in Stephen King's *Pet Sematary*.

3. The Babysitter — Columbia, Missouri

A young babysitter is at home with her charges when she receives several strange phone calls where she hears a man breathing, laughing, or saying he's coming to get her. When she calls the operator to find out where the calls are coming from, the operator tells her they are coming from inside the house.

Horrified, she calls the police, who discover a strange man upstairs. In other, more gruesome versions, the children are found murdered in their beds.

The urban legend is reportedly based on a murder that occurred in 1950 in Columbia, Missouri, in which 13-year-old Janett Christman was murdered while babysitting. The crime remains unsolved.

4. High Beams — New York City, New York

In this story a young woman is driving home, only to have the driver behind her continually flashing his high beams at her car. Terrified, she finally makes it into her driveway, telling her father to call the police.

When the other driver exits his car, he says, "You don't want me, you want him," pointing to the man crouched behind her driver's seat with a knife. In other tellings, the young woman pulls up to a gas station, and it's the attendant who gets her out of her car so he can alert her to the danger.

Some have traced the story's origin to New York City, where, in 1964, an escaped murderer actually did hide in the back of a car. Though this incident involved no young woman — the car in which the killer hid actually belonged to a cop, who subsequently shot the escapee — nor a good samaritan at a gas station, it's likely that it may have spawned the popular urban legend.

5. The Hook — Across America

This legend is so famous that there's no particular version that is considered canonical. In one story, a young couple is driving home from a date and hear about a prison or insane asylum break and that the escapee can be recognized by the hook he wears in place of a hand.

When the pair arrive home, they discover a hook dangling from their car door. In other versions, they hear the scratching of a hook on the roof of the car or at the door.

Some have theorized that the legend was born as a result of the values of 1950s America; parents wanted to prevent their teenaged children from dating ... and everything that goes with it.

6. The Ghost of Stow Lake — San Francisco, California

Stow Lake, located in San Francisco's Golden State Park, is said to be haunted by the ghost of a woman who lost her baby. In this tale, which is over 100 years old, the woman went into the lake to search for her missing baby, never to be seen again.

Stalling cars, sightings of a ghostly woman in white

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demanding to know where her baby is, and other weird occurrences have been reported by those who visit the lake at night.

In 1908, *The San Francisco Chronicle* reported that a man, driving by the lake, was pulled over by cops for speeding. He claimed he was trying to escape a terrifying ghostly woman.

7. Bunnyman Bridge — Clifton, Virginia

According to legend, a very strange figure haunts a railway overpass outside Clifton, Virginia. The sinister soul, sometimes dressed in a white costume with long ears and wielding an axe, is the inspiration for Colchester Overpass's more widely-used nickname: Bunnyman Bridge (or Bunny Man Bridge).

One of the most common origin stories asserts that in 1904, a murderer from an insane asylum, Douglas Grifon, escaped a transport vehicle that crashed into the overpass. Rabbit carcasses, some of which looked as though they had been ripped apart by human teeth, began littering the area.

The escapee was eventually cornered by authorities and killed in dramatic fashion by an oncoming train. His spirit, though, is said to haunt the area to this day. While such a tale tests the limits of credibility, frightening encounters near the overpass with dangerous men in white have been reported in the past, and the site remains a popular destination spot for ghost hunters and legend trippers.

8. Wolf Girl — Devil's River, Texas

In this urban legend from Texas, a young woman goes into labor, then dies. Her baby is nowhere to be found — and presumed to have been eaten by wolves. Later, the infant resurfaces as a "wolf girl," a feral child who roams the Devil's River and the Rio Grande.

There were reports of an actual "wolf girl," who was captured in 1846, only to escape. She was last spotted in Texas in 1852 at the age of 17.

9. Maybe You Will Remember — Detroit, Michigan

This chilling urban legend begins with a young woman and her mother. The pair stop at a hotel for the night, booking two separate rooms. When the young woman rises the next morning, however, her mother is nowhere to be found. She asks the hotel staff for help, but they act as if no such person exists.

When the concerned woman goes to her mother's room, she finds it completely repainted and redecorated. Everyone, including the police, wonder if she's losing her mind. The legend says that during the night, the woman's mother died under mysterious circumstances, and the hotel staff smuggled her body out of town to avoid a mass panic.

The most prominent version of the vanishing companion and hotel room was related in Alexander Woollcott's *While Rome Burns* in 1934. Woollcott claimed the story had appeared in a Detroit newspaper in 1889, but no such article has yet been located. ◆

When was the last time opening your mailbox gave you the chills?

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CREEPY CRATE
BY THE LINEUP

All Is Well!
Living in the Moment

By Karen Frazier, AuthorKarenFrazier.com

Does your mind wander from place to place and worry to worry? Try this strategy: When you notice yourself caught up in worries about things like money, health, work, or anything else, bring your focus to your breathing and say, "I am here now."

Then focus on right now. How are you? Are you safe? Are you warm? Is there anything right in this moment you need that you don't have? Focus on all of the things that are good about this moment. Be present.

Here's an example. The other night, I woke in the middle of the night and caught myself worrying about an upcoming bill. I knew if I allowed myself to go into the worry, my night of sleep was over, and the worry was not only not productive, but it could also, through the law of attraction, bring about the actual circumstances I was worrying about (not having enough money to pay for the bill) by giving attention and energy to that exact circumstance.

So I focused in on my breathing and asked myself, "How am I right now?" Then, I focused on everything I was in that moment.

In that very moment, I had enough money to do what I was doing (lying in bed). I was warm, safe, and sheltered. So were my loved ones. I felt well. I was physically comfortable. I was peaceful. In that moment, when I moved my mind away from the future, I had everything I wanted and needed.

This week, pay attention to your thoughts. Notice and catch yourself worrying about something that isn't an immediate (in the moment) concern. When you do (and every time you do) check in quickly. Ask yourself, "How am I right now in this very moment?" And then list all of the positive things you are.

If a worry about the future sneaks in, remind yourself, "I am here, now." Then, go back to a quick check in. Chances are in this very moment, you'll find this future thing you are worrying about isn't an issue at this moment. Focus only on this moment and notice what is good. This is how you begin shifting situations; by focusing on what is right and what you choose to attract instead of worrying about what you don't wish to attract.

Right now, all is well. By the way — I had plenty of money to pay the bill.

Read Karen's new energy healing book, "Higher Vibes Toolbox: Vibrational Healing for an Empowered Life," which is available on Amazon. ◆

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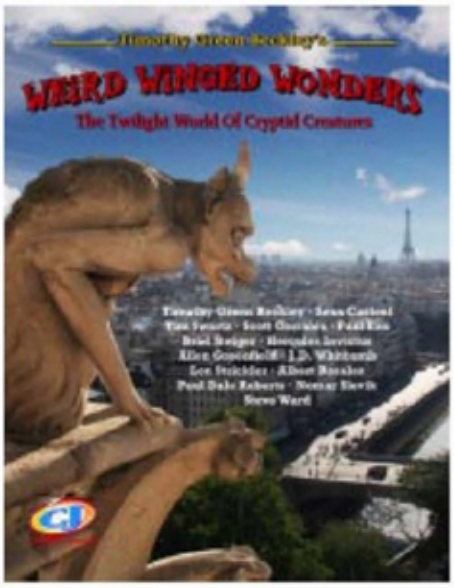

THEY ARE BELIEVED BY MANY TO BE THE AGENTS OF THE "DARK GODS!" - THEIR MASSIVE WINGS, WHEN SPREAD FANLIKE, ARE KNOWN TO CAST A PARALYZING SHADOW OVER THE LAND! THEY EXIST ALONGSIDE US IN THE "REAL WORLD," YET WE KNOW NEXT TO NOTHING ABOUT THEM! THEY APPEAR TO INHABIT PHYSICAL BODIES, BUT THEY COULD BE ARRIVING FROM OTHER DIMENSIONS OR FROM THE MULTIVERSE THROUGH "WINDOWS" OR PORTALS!

They are the Winged Wonders from the Twilight World of Cryptid Creatures.

Living Pterosaurs have been seen from Guantanamo AF Base in Cuba to the jungles of Papua, New Guinea where the locals call them the "Ropa."

They are the Flying Felines of the Egyptian dynasties to the Greek Heroes living in underground caverns on Mount Olympus.

Here is the Mothman Creature, initially seen around the hamlet of Point Pleasant, West Virginia, and associated with the collapse there of the Silver Bridge - but now recently observed by dozens of credible witnesses in downtown Chicago. Some researchers say Mothman is a harbinger of death.

The Jersey Devil is said to be a demon who flies near the Pine Barrens mainly in the dead of night, while the Thunderbirds are massive creatures with wingspans of more than 30 feet.

Dragons are thought of as beings rooted firmly in mythology and the stuff of movies such as "The Hobbit" and popular cable TV shows such as "Game of Thrones." Yet sightings of these aerial demons known to spit fire have been seen worldwide and are part of every culture - past and present - from Europe to the United States, and every continent in between.

Even more eerie are the flying and floating "alien" humanoids and witchy "bruhos" observed widely in Mexico and South America.

Here are dozens of the creepy-crawly narrations - backed up by the strangest of photographed evidence - of bizarre and unknown flying cryptids who frolic in our sky as if they have not a care in the world. Theories abound as to their origin(s) and nature and their overall grip on our perceived reality, as explored in this dramatic work by such respected researchers as Sean Casteel, Brad Steiger, Paul Eno, Allen Greenfield, Lon Strickler, Tim Swartz, Scott Corrales, Hercules Invictus, Jonathon David Whitcomb, Albert Rosales, Paul Dale Roberts, Steve Ward, Nomar Slevik, with the added editorial flare of "Exploring the Bizarre" co-host Tim Beckley.

Are they demons straight from hell or from an unknown shadow world? Ultra-terrestrials who have strayed into "our territory" from another time and space continuum? Or simply prehistoric monsters thought to have died out millions of years ago, but who still exist living just beyond our reach, ready to be rediscovered by science?

Whatever they are, they are truly BIZARRE!

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THE BEAST
The Skinwalker Case

By Willie Windwalker Gibson

The world of a true shaman is different from that of a medium or healer. The shaman, at times, has to take on the roll of detective. I was a peace officer and private detective in the day. The fact that I was also a shaman just added more to a case, when it came up.

The case I am about to tell you about happened in summer 1995. I was sitting in my living room reading a book when the phone rang. When I answered, a woman named June was on the line. She said she was having a problem at her country home.

June lived just outside West Point Kentucky right on the edge of the Salt River. She had been having problems with something coming around her house at night, causing her chickens to get upset. I asked her if she thought it might be a cat or fox, but she didn't think so. When she investigated, none of the chickens had been killed. Whatever it was seemed to be watching her. She also said that when she looked around, she found no tracks from an animal other than her chickens.

I asked June why she called me, and she said she had a strange feeling that her problem was that of a paranormal nature. June said she did not want anyone looking into the matter except for a shaman. The reason being, June was Cherokee like me. I was well known in the paranormal circles as a good shaman.

I told June I would come out the next morning to her home and take a look around. Later that night around 10 p.m. my phone rang again. I answered it, and it was June. She was upset and crying. I asked her what was wrong.

June started telling me that she heard her chickens start to make loud noises, and when she opened the back door in the kitchen to see what was going on, she saw what looked like a man running around the backyard scaring the chickens. When she turned on the outside flood lights, what she saw scared her.

The "person" walked upright like a man but looked like some sort of beast. June said it was built like a bear but looked like a wolf. Then, it looked right at her, before running off into the wood. June shut the door, got her pistol from the kitchen drawer, and then called me.

I told June to keep the outside lights on, doublecheck all the doors and windows to see if they were locked, and that I was on my way.

I drove to the address June gave me, and when I got there, June had the yard lit up with the strong outside flood lights. I got out of my car and walked up to the modest farmhouse. I knocked on the door, and a voice said, "Who's there? I've got a gun, and I ain't afraid to use it!"

I shouted to June that is was me. She quickly opened

the door. I walked in, and she grabbed me around the neck and hugged me. I could feel her body quivering with fear. June was holding her pistol in her right hand. I took the pistol from her and told her to sit on the couch. She sat down and started telling me the story again and what she saw.

I told June I would go outside and take a look, and I got up and went to the door. I told June to lock the door back behind me. I took the gun with me. The reason being, I didn't want June to accidentally shoot me, plus I did not know what I would run into in the back yard. I asked June for a flashlight, and I went outside and looked around. I did not see any traces of anything in the front. I didn't find any tracks.

> "You mean it was a dog that turned into a man? You mean to tell me I saw a skinwalker?"

I then walked around in the backyard. I sensed a strange energy or vibe, plus I smelled a bad smell, like rotten hamburger or the smell of death. I scanned the backyard for tracks. I looked closely at the ground, and I could see what looked like animal tracks. The tracks looked like that of a large dog, like a Great Dane.

I followed the tracks into the woods, but they disappeared for a while before turning into a human track. The tracks looked like they were from a human with about a 12-inch foot.

I followed them up to the river's edge, but then they stopped. Whoever or whatever made the tracks swam or took a boat from there. The smell was also gone. I walked back to the house and asked June to let me in.

I told her what I found. She looked at me and said, "You mean it was a dog that turned into a man? You mean to tell me I saw a skinwalker?"

I looked at June and said, "Yes. I think that's what you saw, June."

She went back and sat on the couch, looked at me, and asked, "What now?"

I told her that since she has seen the creature and that it knows she's seen him, I thought she would be OK now. The reason is that skinwalkers want to be unseen and unknown. They want to remain in the shadows. Skinwalkers want to remain a legend. So because June had seen the creature, I believed that it would never come back because it knows it would be watched for, maybe captured or killed, and it wants its true identity kept secret.

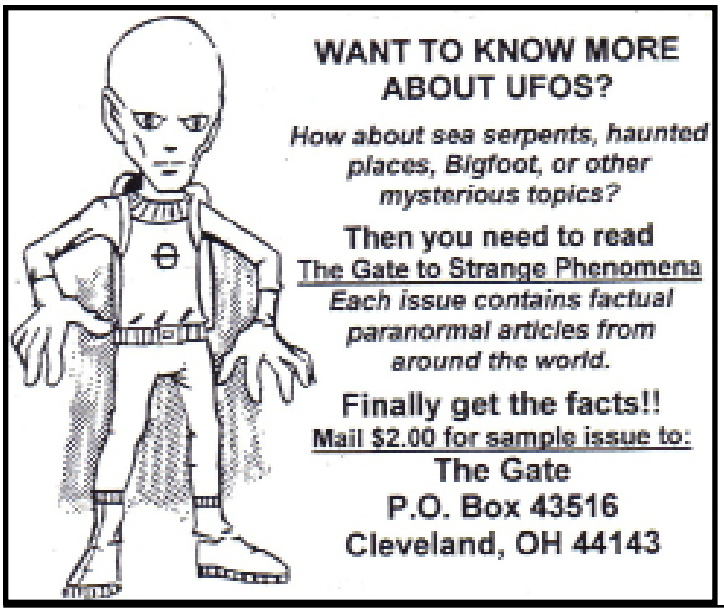
I also told June that the creature might even be someone she knows, a friend or relative. June looked at me and told me she knew of the legend and respected it.

I told her that I would put up a spiritual block to be on the safe side. I went outside, got in my car, and pulled out my medicine bag. I pulled out a bag of blessed salt and then went to the yard. I sprinkled the salt in a circle around the house.

As I did, I said, "I rebuke all negative energy from this land in the name of Jesus AHO!" Then I went back into the house and told June she would be safe. She thanked me, and then I got in my car and left.

A few days passed, and I got a call from June. She told me that it had been quiet and the chickens were at peace. I told her that everything would be fine from now on. I hung up the phone and never heard from June again.

A few days after that I was at the grocery store walking down the produce aisle. I saw a man coming at me pushing a cart. As we passed each other, he looked at me with dark blue eyes and smiled. The smile was like he was telling me nice to see you again.◆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Why Crystal Energy Matters

By Dr. Athena Perrakis, SageGoddess.com

It's been decades since I first began working in the world of crystal healing, and there is a single truth that has become increasingly apparent to me over the years: Everything is energy.

It's true. We are energy, as is everyone around us. Our words are energy, our actions are energy, and our crystals are energy. Beyond their stunning appearances, gemstones possess energetic frequencies that alter our own — and this is precisely why we work with them. This is why crystal energy matters.

Because everything is energy, our own frequencies are constantly being affected by everything around us. Enter a room, and you'll start, whether consciously or unconsciously, picking up on vibrations that linger within it — by the people who walked through it and by the words and experiences that were shared within its walls.

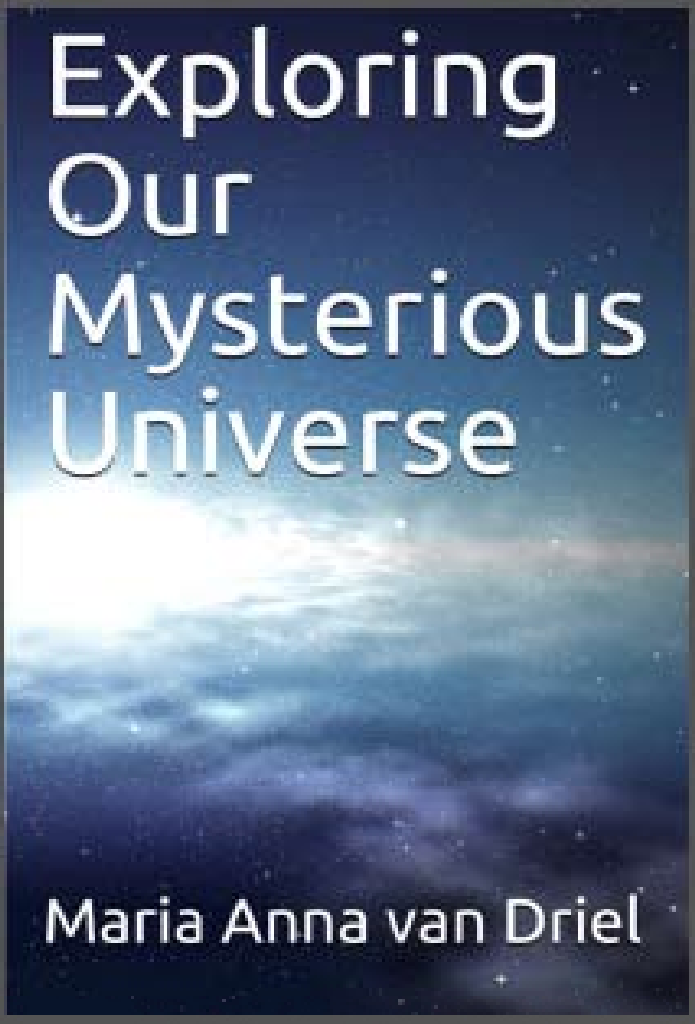
Working with gemstones is no different. When you select a healing crystal to work with, the energy of every person or natural force that has touched your stone will be shared with you. You can smudge your stone to clear its energies, but it will still carry imprinted remnants and memories of every place it has been and every hand that has held it, from mining to distribution. This is why I put such a huge emphasis on knowing exactly where my stones come from: so that I can know precisely what energy I am inviting into my practice.

When choosing healing crystals to work with, it is of utmost importance that we pick ones that have only been handled with great care, love, and intent. I believe that all gemstones should be ethically sourced, handled only in high-vibrational, positive environments.

In light of this discussion, I have a task to present you with: Try to be conscious of every single energetic vibration in your life — the vibrations that you both give and receive. Examine the energy that your words carry and the frequencies that your space, magical tools, and the people around you possess. Are these energies in service of your Higher Good and the Highest Good of All? Do they stem from a place of love, light, and intent? And how can you purify or transmute the ones that don't?

Ask these questions when choosing and working with your stones. Take the time to ensure that your gems possess good energy — by smudging them regularly, charging them under the Sun or Moon, and making sure that the places they came from are ones of integrity and respect. Be more intentional about what energy you invite into your life, and you'll feel the incredible difference it makes in your life over time.

May your vibration remain high and light, attuned to the Greatest Good of All — and may you be empowered to bring that same energy to all around you.◆



WAS THERE MORE BEFORE THE BIG BANG?

After visiting CERN (the European Organization for Nuclear Research) in July 2017, I began a quest to understand the origin of evolution, and the Universe itself. With tense curiosity, I went back to CERN again, and the story began ...

Once upon a time ... a little spot, smaller than the dot at the end of sentence, was hovering through the Universe.

This charged particle could have sparked the production of every other particle it encountered, not to mention every galaxy, solar system, planet, and ... our species.

The little spot exploded into an illuminating flash of everything!

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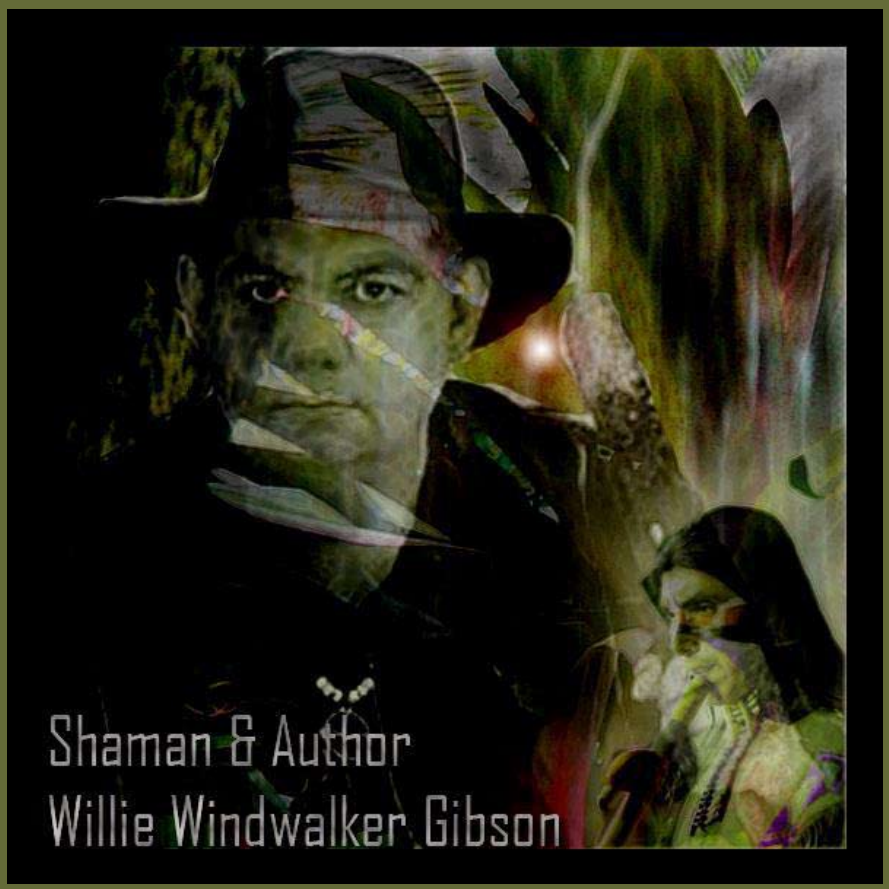

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An Interview With a 'Sassy' Witch: Lisa Lister

By Ian White

Lisa Lister is a third-generation hereditary witch whose books *Witch: Unleashed. Untamed. Unapologetic.*; *Love Your Lady Landscape*; and *Code Red* are all empowering and fascinating pieces of work, encouraging women to reclaim their bodies and source-magic while taking them on a spiritual and practical journey toward re-becoming "the granddaughters of the witches they couldn't burn."

But although Lisa's writing is pitched unapologetically — and sometimes provocatively — toward her female audience, *Witch: Unleashed. Untamed. Unapologetic.* is a book that everybody, regardless of gender, can pull a lot of knowledge from. Lisa has powerful truths to share and a warm and engaging way of sharing them.

That's why I wanted to learn more about her background in the Craft, her writing, her workshops, and her online teaching. And once you've read what she has to say, I'd encourage you to learn more too. A good place to start is Lisa's Website, "The Sassy She."

* * * * *

Q: What's your definition of magic and witchcraft, and who actually is the witch?

Lisa: Great, let's start with the easy questions! The witch — for me — is a wise woman, a woman in her power, somebody who is able to access their magic because they're so strong and fortified in who they are that they can remember everything which has passed and everything that's still to come.

They're like a divining rod to the higher power, pulling energy up through them and also pulling energy down from the sky. And as women, our bodies are reflective of

Lisa Lister is a writer, women's wellness practitioner, shaman, and third-generation witch, healer, tarot reader, and intuitive. Her unique brand of lady magic and witchcraft is ancient women's wisdom combined with spells, lore, and magic that her nanna taught her, as well as the knowledge she's been passed in her apprenticeships with healers and teachers around the world. Lisa is dedicated to healing the wounds of the feminine, to retelling Herstory, and helping women to rediscover their magic.

the cycles of nature and all the forces — of the seasons, of the Moon — and that's why I can personally speak to this experience as a woman and a witch and someone who works with those energies. Unless I've experienced it myself, I don't feel fully equipped to speak to it.

In terms of magic ... I love all the ceremonial and ritual bells-and-whistles of how magic can be represented. But I also really love the practical magic we can create as humans when we truly remember who we are, when we remember that we can have a wand but we can also simply have positive thought, that we can add herbs to a spell but we can also add herbs to our food to create a different feeling in our body.

We all have our own version of magic that we can access, and I think that's what's so beautiful about witchcraft.

Q: In *Witch,* you talk about The Quickening. What is The Quickening, and how is it affecting us right now?

Lisa: Probably the best way to answer that is to look at technology. We're in an age where we've got access to more people and opinions than ever before, to more concepts and ideologies and thought processes. And on one hand that's really exciting, but on the other hand we're reacting to all that stimulus but we're not responding. To me, that's what The Quickening is.

The Quickening encourages these massive reactions from all of us and creates anger and tension and anxiety, because while we're all scrolling on our phones wondering what's next, we're not being in ourselves. We're being called to respond, but we don't know how to take that action. We haven't got the language or skillset to do that yet.

The Quickening is happening outside of us, and it's causing resistance and fear. But if we remember our own magic, put down the phone, and step out into nature for a little bit, take a beat and a few breaths ... we can start to be fortified in ourselves and understand ourselves a little better.

Q: With the advent of movements like Binding Trump, when more people than ever seem to be embracing magic as a force of positive change, do you think we might be at a point in history when the witch could visibly become more powerful than ever before?

Lisa: I actually think this is the waking of all of us to what is possible. In the past, lots of people have said that women will change the western world and, in terms of what is happening right now, I think we'll probably become the leaders because we've got the truth and power carbon-printed in our bodies. And everyone around us will eventually be able to respond to that and be impacted by it.

But although these are very reactive times, it's also very necessary. It's a moment in time that needs to happen so that we can work on ourselves and who we are, because we've all been kept in secret for so long ... but now the great Mama is back. She's back in all of us.

And while Dad has spent centuries being quite tyrannical and patriarchal, keeping us all under one way of thinking and believing, Mama's returned to show us we can all think a little differently and start asking, "Why do we do things this way? Why can't we do them this way instead?" That's what I believe is happening.

Q: ... and it's one of the many things I responded to in your book, that you're giving us permission

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Lisa is dedicated to helping women to crack their lady code — an ancient code connected directly to mumma nature, the Moon, and the menstrual cycle.

to look around and realize things have gone too far and we have to do something about it.

Lisa: Exactly! One of the big negatives some people expressed about *Witch* is that it's not about witchcraft; it's more about being a powerful woman. But that's the point! The ritual of witchcraft is gorgeous and important and necessary, and to claim the ritual back is to claim back our power, but you don't actually need the ritual to be powerful.

The Quickening is forcing us to do everything too quickly, but for successful change to happen, we have to take it in steps.

Q: You're a hereditary witch from a Romany background. Can you tell us a little bit about growing up in that tradition?

Lisa: I come from a line of wise women who knew stuff, although ultimately any woman is from a line of wise women! My family were travelers and eventually came to the South Coast in the UK, where we lived on a council estate and I did all the things normal kids do.

But I spent a lot of time with my nan, and my nan was every stereotype of the gypsy traveling woman — she ruled the whole family with an iron rod, but she did it with such wisdom. And to be surrounded by her energy was wonderful. She would never have called herself a witch, but she would make me play with herbs, and it gradually honed my intuition and gave me a skillset I was too young to know I had. My mama had it too; she was clever and knew all about the stars and astrology — it was in her bones — but she didn't access it, so I hung out with nan and learned a lot.

And then I got to my teenage years, discovered boys, and thought I was way too cool to be doing any of that stuff (I was not cool!). And I also wanted to go on to further education, which, in my community, was something that wasn't really done. In our world, the girl's role was to get married and have kids. So I broke rules, and ultimately that stubbornness led me to what I'm doing now.

My mum and nan would both be cross at me for what I'm sharing in the book, but I think it's necessary so that people can start reclaiming their own narrative.

Q: In *Witch,* you spend a lot of time talking about the different forms and traditions of witchcraft across the world, that there isn't a witchcraft that is "one size fits all." Is your openness to other systems a result of your Romany upbringing?

Lisa: Being a traveler is in my blood. My nan collected her knowledge from different places and spaces she was in, and I'm very aware that everywhere I go I want to learn the magical practices of that region. There's a lot of kickback right now about people practicing each other's cultures, but to me that's the very nature of being a gypsy, that you don't get stuck in a dogma or a concept or an ideology — you see possibility everywhere.

I do understand how, if that's looked at it in a different way, through a different lens, it can be seen by some people as cultural misappropriation, but we live on Mama Earth. We're borrowing her land, so how can we say we own anything?

Q: In *Witch,* you talk about the intensity of The Calling and how it happens to us in different ways. You also mention the health problems you experienced when you resisted the call …

Lisa: The Calling is fascinating because it's only when you look back afterwards that you see all the clues you chose to ignore, and if you ignore them long enough She'll find a way to kick you in the ovaries and force you to take notice. Or, at least, that's what happened in my case.

And I needed that wake-up because when I was ignoring The Calling, I was ignoring the part of me that I loved. I loved spending time with my nan, and through my nan I'd recognized my magic. I knew it was within me. But then I

got really interested in boy bands and thought I had to fit in with the world ... until She created such pain and discomfort in my body that I couldn't ignore Her any longer.

Where The Calling is concerned, we all have our own narrative, and what works for some people won't work for others. But that's good because there will be other stuff waiting for those people further along the journey. What's important to me is that women have their own voice and tell their own story, and hopefully then, when The Calling arrives, people will find their own ways of receiving it.

Q: In the book, you also describe a time when you were unable to speak and felt as if you'd had your tongue cut off, which you eventually tracked back to an event from a past life. How do our past lives affect our ability to access our magic in this lifetime?

Lisa: What I learned from that experience is that sometimes we have to recognize that the wounds we carry in this lifetime don't actually belong to us in this lifetime, and that we have to address what happened a lifetime or more ago so we can claim our missing pieces back and heal and become whole.

That's where ritual is very useful, because if you haven't got enough inner power to confront the past, you need ritual to strengthen you enough to return and take back what the past has stolen.

> "If you haven't got enough inner power to confront the past, you need ritual to strengthen you enough to return and take back what the past has stolen."

Q: What are the best initial steps we should take to recognize and accept The Call?

Lisa: I always tell people to get their feet bare and on the ground — on the beach, in the snow — because once we're connected with the ground beneath our feet, once we establish that trust with Mama Earth and the vessel that we're in, we can use ritual to strengthen that connection and remember how to feel.

So I would recommend really gentle Moon rituals, the felt experience that will bring you back into your body. And then when you are within your body, you'll feel a strength or truth that no one can unsettle. It's gnostic, a real knowing that you can't always articulate — feet on the ground, connect to the Moon, the cycles, and the seasons, be in nature and really join with the elemental energy that's always around you.

Q: Can you envision a time when men and women will be able to combine their energies and achieve true balance together?

Lisa: That's an important question. I think that women have to remember, really have to re-member, so that they can build the strength inside themselves to allow men to remember too — that men used to be in total respect and honor of the process that happened in the female form, and that the female is a replication of all the seasons and cycles of the world. Once that happens, the man can call in his own magic because he knows the female's magic. So yes, I believe that can happen.

Q: When you hold your workshops and retreats around the world, do you notice an international difference in the mindsets of the people you're working with?

Lisa: Yes, and that's what I love. Going into different locations, the climate will be different, so the energies and cultures and belief systems will be different. That's why it's the best.

Because of my gypsy nature, I'm able to feel very comfortable working like that, just seeing who shows up, checking in with everyone, identifying what medicine is in the circle, and then using it to create a community where we can all start to do some good.

Q: That's something else I enjoyed about *Witch*, how you make the practice of witchcraft so relaxed and accessible and underline the importance of personal creativity. For example, how you can make your own spell and use your own words ... there aren't any rules.

Lisa: That's because we've all been so conditioned to wonder if everything we do is right, but the most important question is — does it feel right to you, what does it mean to you, how does it feel to you?

I'm not a teacher; I'm just reminding people of the different ways in which we can be to get these energies into our bodies and let them move through us. Yes, it's OK to write your own spell. You don't need to give someone a five-point plan to manifest in a way that feels good for them.

Q: That seems to be a big message in your writing — that it's OK to take the brake off and be in tune with yourself.

Lisa: That's why I write the way I write, which is provocative to some people because it's very personal. I'm here to help other people see a reflection of their story through my stories — or maybe the very opposite — and within that

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will hopefully come a validation. We're so used to looking for outside validation, but that's obstructive and has to be unpicked before we can remember what came before — our own medicine.

If anyone asks me what I do, I tell them I write permission slips. That's my job. I find the word "teacher" very uncomfortable because I'm only sharing, and in return I receive so much from other people.

Q: So we could turn everything we do into our own ritual?

Lisa: Yes, and I personally think ritual is one of the most exciting ways to create. I'm currently working with some women on an online project called She Is Lit that's designed for women who are on fire but also writing books (see what I did there?!). And the biggest permission slip I give them is to make the act of writing so delicious that they can't not do it. Because for women especially, the fear of judgement is so big that creating a ritual, making it beautiful, and dedicating it to you and your practice is a way of breaking that fear — conditioning down.

As a creatrix, a person who creates, you can witness yourself every time you show up at the altar and then move into the practice, so the ritual is a way in — it's a hands-on way of getting into creativity. And then the spell they create is in the words they put on the paper.

Q: When you work, do you have a separate altar for each separate project?

Lisa: Often I do. I have a working altar, and then I'll create an altar for a new book and I'll create a playlist ... which is an altar in itself, word-spells and chants that are being sung to you to imbue your creative process. But what a lot of people forget, and what books like *The Secret* kind of overlook, is that you've still got to take action. You can make a beautiful altar and dream up a Spotify list, but unless there's action, nothing's going to happen.

When we work with the Craft and our magic, we're dancing a cosmic two-step with the Universe to discover what we actually need, not what we think you want. And if you ask for much less, your gratitude is way bigger, and then when your gratitude is way bigger, there's way more space to receive.

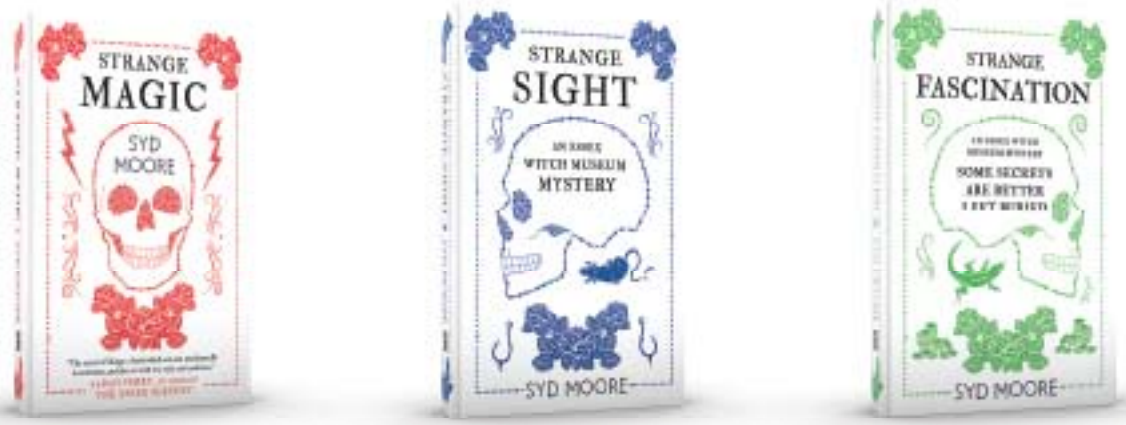
Q: You do so many different workshops and events ... She Edits, She Is Lit, She Medicine. Of all of them, what's your favorite permission slip to give out?

Lisa: It's definitely the writing, seeing women have enough courage to go past the fear of who's going to judge their story to working with them on the process of creation, which is way more magical than the end result but holds so much potency when it's done. But we should always remember that it's the process that is the biggest medicine, not the finished product.

* * * * *

"Witch" and "Love Your Lady Landscape" are published in the U.K. and U.S. by Hay House. "Code Red" is published by SHE Press UK. "Witch" is also available as an audiobook. For more information about Lisa Lister, her work, and her books, visit https://lisalister.com/. ◆

THE ONLY WAY IS WITCHCRAFT



THE ESSEX WITCH MUSEUM MYSTERIES

OUT NOW

POINT BLANK

The Secrets of the Great Pyramid

Was it an Energy Machine?

By Maria Anna van Driel, NextTruth.com

Thousands of centuries ago, an almost inaudible illuminating explosion of light occurred in a place that was pitch black. In these divine moments, life was no bigger than an electrical spark of light ... a weak light having the prospect of becoming the most discussed and fought-for part of life.

The light quickly began to mature in this dark emptiness, which would soon be filled with a chaotic order of strange particles, each struggling for the right to exist.

Surrounded by a dark and unknown slumbering mass from a different galaxy ... it learned how to survive!

* * * * *

Like all big events in our world, they start small, almost like a microscopic idea of nature itself. And that is how one theory about the purpose of the Great Pyramid of Egypt began ... shielded by a mysterious and mystical mystery and told throughout history. This theory holds a plausible purpose for the Great Pyramid of Egypt!

Now let's put aside, for a moment, all the mainstream media articles about "ancient UFO-technology" being used to construct the pyramid, because the truth in this is stranger than the strangest fiction.

The quest for any understanding of the real meaning behind the mysteries of the Great Pyramid inspired many others to investigate the vaguely known facts, whereby they searched for the truth in these mythological stories and legends from an ancient world. And what was discovered was shocking.

So, let's dive into a theory with disturbing questions and unbelievable answers and make an attempt to uncover the source of evolution, while pulling back the

curtains to reveal something we all fear. This theory offers a different understanding of our world and who we really are, and it speaks of an ancient evolution that has probably never walked Earth's surface.

Plus, we'll cover how S. James Gates, Jr., an American theoretical physicist and professor, could have discovered the binary (computer) code in the Universe our solar system floats in.

* * * * *

Every religion has its legends ... every nation has its Boogie Man ... the Lesser Key of King Solomon, the Skinwalkers of the Navajo people, the Djinn from the Middle East, and the Demons from medieval times. Why do we believe these scary stories and legends talking about dark-morphing creatures from dormant realms?

Maybe we need to believe because the reality of it is too much for some of us to bear. And maybe, it is because the truth of a reality that probably started it all is more terrifying then we ever can imagine — a defogging image of the Universe containing an invisible and self-evolving force that has the opportunity to let the future create the past that then creates the future again?

Is there any chance that the Conscious Energy Field (CEF) or the Merkaba field are just a frame of mind and, creepy as this might be, similar in its behavior to the recently found Higgs field? Can we find the probable origin of evolution that occurred on this planet in electric (junk) DNA, following a randomness path while floating on the surface of this transcendental field?

Could electric DNA, which acts like an advanced computer operating system, be created by a mysterious and shape-shifting particle called the neutrino? Is a particle carrying a visible and charged light, or vibration — known these days as the neutrino-photon — the true "LIGHT" the *Bible* is speaking of? And could this mysterious behavior this particle is showing be activated due to an artificially created bright fire ... known in science as (scalar) electron scattering?

What was the real purpose of the Great Pyramid? Did it generate an ancient energy? And for what purpose?

Well, it is not entirely unlikely. But before we can look at mind-dazzling questions like these, we need to let our thoughts slide over some mysterious and yet not fully understood experimental science and technologies of an era we know from textbooks as "the past."

According to the history books, humankind was once an unintelligent species that roamed Earth. But if we were really in the possession of a daily dementia, how is it that we were looking up to the skies, seeking the answers to the questions: What is really out there? Are we truly alone? How big is the Universe? and How can we conquer it?

Thus, a prehistoric branch of our species having such thoughts could reveal that there had to be something or someone providing them the needed information to think in such a creative manner. Fortunately, much is written about the great pyramid of Khufu (Cheops) that is dated as the oldest of the Giza complex and believed to be built as a tomb around 2560 BC.

History is full of little clues, remarks, and references to advanced foreign technologies ... as well as books that are written about it and movies made on this subject. Still, after millions of years, we still know very little about these magnificent buildings.

* * * * *

The Great Pyramid of Khufu it is still a mystery to many. There are varying scientific and alternative theories proposed about the Great Pyramid's construction techniques. The most accepted hypotheses are based on the idea that these buildings were built by moving huge stones from a quarry and dragging and lifting them with wooden constructions into place.

It is clear that ancient nations contained a remarkable knowledge in astronomy, engineering, sacred geometry (Star Tetrahedron), trigonometry, chemistry, optical physics, anatomy, and more.

Unfortunately, many textbooks fail to tell the advanced thinking and ideas of these nations in, for example, Pressure Swing Adsorption (PSA), cryogenic, as well as the innovative and advanced technology they possessed. Well, technology is probably not the right word for it ... it was probably more like a sequence of coincidences that were explored and perfected over time.

And, as in any experimental phase, accidents will hap-

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The Queen's Chamber via www.ancient-wisdom.com.

pen and mistakes will be made, including apexes being blown to pieces, DNA distortion due to magnetic fields, torsion fields providing an addiction to a fundamental paradigm shift. These "mistakes" helped bridge the gap between mind and matter, helping to create some of today's mysteries.

Many will say that ancient nations creating such a complex and fully operative device, similar to today's modern technology, with only natural elements is pseudoscience or even science fiction. But looking at how the interior of the Great Pyramid is built, there is no doubt that these ancient civilizations mastered a perfect harmony between religion and science.

* * * * *

Now, let me try to be as brief as possible by giving a plausible explanation of how to create a 3D virtual image, or world, with nothing more than natural elements and how that could have been created with the Great Pyramid.

There is a high probability that former nations never had the intention to build structures like the pyramids for the purpose of being the last resting place of Egyptian queens and pharaohs. These buildings weren't built in a manner to absorb the destruction caused by natural earthquakes but instead to stay erected after the strong vibrations created within the building by wind oscillations.

Secondly, the word "pyramid" means "fire in the middle": pyra = fire and mid = middle.

Having said that, let's start right in the middle of it all and figure out how to unravel this ancient mystery.

Searching for what's in the middle of the Great Pyramid does not take long ... and takes us right to the Queen's Chamber. To proceed with this theory, we need to find out how enough heat was generated within the pyramid. Making big bonfires in a closed room is not a great idea, therefore we need to use something else that releases enough heat to gain our magical ingredients.

Let's not make it harder for ourselves than necessary by looking into long and (probably) boring processes, and let's look at what nature is providing for free ... UV-photons, for instance. So, how do you "trap" those invisible light bulbs? (Note that this form of "trapping" is not meant in a literal way; a photon can also be trapped in what is called an optical cavity — an arrangement of mirrors that form a standing wave cavity resonator for light waves.)

And the simplest form of these constructors is the Fabry-Perot interferometer, which contains two highly reflective mirrors pointed toward each other with some air gap(s) in between.

Mirrors? Lenses? So, there is a high plausibility that an ancient nation like the Egyptians possessed the knowledge of the existence of particles in the Universe and understood their behavior. Still, somehow, we need to delegate those UV-photons into the Queens Chamber of the Pyramid. In doing this, we are going to use the "air shaft" that ends up in this chamber.

When placing multiply lenses (gemstones) in such a narrow shaft, cut and directed in the right way, and absorbing these UV-photons, they will act as a laser device. So, yes, some of these tunnels were used as "energy shafts" so to speak.

Depending on the energy of the photon absorbed or emitted by both the lenses and the crystals we place at the end, different phenomena can occur when aimed at ... (natron) water. Skipping the details in formulas and chemical processes, water splitting (separating the hydrogen and oxygen from the water by heating it up) is taking place whereby, theoretically, only solar energy (photons), water, and a catalyst are needed. To make it all work as we want to, we need to build the Queen's Chamber in a way whereby it is turned into one big catalyst.

Now, tungstates minerals, including scheelite and wolframite, can be considered as a natural catalyst that react in a process like water splitting with UV-photon by leaving behind a black powder (iron oxide — Fe2O4) on the rock.

So, can we state that the Queen's Chamber was built from scheelite, wolframite, or stolzite?

And, can we state that the black areas, which we still can see on the walls and ceiling of this chamber today, are from a chemical reaction producing Fe2O4, which has the ability to store energy in case the Sun is not providing the needed UV-photons, after water splitting?

Well, if so, it explains some of what truly happened inside the pyramids; does it not?!

Did ancient civilization create a most complex and mysterious machine that was able to manipulate space, time, and the nature of existence itself as a result of chemical chain reactions and advanced executed ideas in optical physics and engineering, for instance?

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Now, let's take a look at some of the narrow tunnels that, among other things, end up in the King's Chamber. These tunnels passed through air that contained negative ions, which were generated by a waterfall, cathodes containing excited electrons, while another UV-photon laser was aimed at a crystal — cut in the form of a single tetrahedron (the hidden geometry in the electromagnetic waves — waves form of light — itself) — in the King's Chamber.

From the opposite direction, (ionized) hydrogen gas and oxygen entered this sacred room while the carefully placed mirrors scattered the light provided by the crystal that absorbed it due a double or single slit effect coming from the south shaft, which has (similar to the one in the Queen's Chamber) a UV-photon laser.

Did ancient civilization create a complex and mysterious machine that manipulated space and time?

By placing a simple device containing two or four small rotating magnets underneath one big magnet in this 55% crystal pink granite room that produces a magnetic field, holographic projections of the photons can be realized. Now, whether these holographic images had the ability to react to thermal heat (the human body) is uncertain, but, if a machine could have been built with nothing more than natural elements by an ancient nation, then why couldn't there now be a 3D, floating holographic image that could be altered by both sound and thermal heat?

Today, this technology is known as "fairy lights," which is a 3D holographic image whereby a femtosecond laser is being used to ionize air molecules and thus create crackling, photon-emitting pockets of plasma. These lights, or "voxels," can be arranged in mid-air to create moving, floating, interactive images.

Now, what if we turn the single tetrahedron crystal into "The Star Tetrahedron" (30-35 kHz — local plasma frequency)? We suddenly can say that Pi is definitely the answer in this ancient mystery. Why? Because it is constructed from a series of harmonics with wavelengths that comply with the golden mean version of the Fibonacci sequence (1, 1, 2, 3, 5, 8, 13 ...) and contains the true meaning of "time travel" whereby increasing the mass of the object is only important to keep it in position during the time the momentum of the energy is not constant. The artificial electromagnetic gravitational field can provide enough mass-energy to create holographic magnetic holograms that can be experienced as a reality within or outside the boundaries of the holographic projections.

→

Different forces, as in frequencies, magnetic waves, microwaves, can create distortions in the frequencies of the magnetic holograms that create an effect of an object that can be felt in a thermal manner or seen as being solid. And, distortions in the light waves can create the possibility of experiencing space and time compression, which is known by many as time travel.

Looking at this in a biological manner, the active cellular memory (the stored recollection of the past) will function as a film whereby 3D holographic information bundles are being projected in a magnetic field (AKA aura) due to the stress created by monatomic gold, for instance. Cells experiencing a high amount of energy will release some of the gamma rays from the nucleus.

The origin of this holographic information may lay both in inherited DNA information (which gives us the basics to survive as a species) and in the experiences someone has gathered during his or her life. With this, a "holographic duality" can be combined with geometric holographic figures containing their own mass-energy and even having the ability to interact with others.

This means that someone's thoughts can create a distortion in someone else's "world" due to a primal electrical connection in magnetic encapsulated anti-matter (AKA the silver cord). After this, the magnetic field (AKA aura) from the other individual absorbs this "new" information and stores this in the cells that have now become a part of their own inherited memories. And, voila, a holographic world has been built that is both artificial and biological.

* * * * *

In conclusion, ancient Egypt was a time of religion, prosperity, downfalls, uprisings, and engineering and has proved to be one of the most unique and advanced civilizations in human history. It is truly an amazing story about remarkable buildings that hold a lot of beliefs and theories to get people excited and motivated to research the mysteries this almost-lost civilization possessed.

Up until today, people learn from Egypt's unique type of government and how they found a perfect balance between technology, science, and their religious system that included various deities.

The pyramids were a direct copy of the tetrahedron, which is considered to be the building block of the Universe. If not for ancient Egypt's interesting culture, its most fascinating engineering, indescribable knowledge, and scientific breakthroughs, the world's technology as we know it would be set back decades, possibly even centuries.

It is without a doubt that mankind can say that the world has come so far because of an ancient nation's developed sense in science and technology. ◆

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Skull Valley & the Plasma Photon Vehicles

By Rainbow Radaelli, TruthSeekerhighway.com

A few years back, I was introduced to an area of high strangeness through numerous radio talk shows. One particular area that caught my attention was dubbed the "New Area 51" by some researchers. The History channel's *UFO Hunters* did an episode of this area. It's called Dugway Proving Grounds in Utah.

The Goshute Reservation is located close to this particular area in the Tooele County, Utah. It's a small reservation with only around 125 natives living there. The area that intrigued me the most is what the Goshute Indians call Skull Valley, which is a desolate and haunting area that has been the keeper of secrets — not all from this world.

Dugway had been calling to me for a long time, before Michael, my partner and I, made a move to Utah in 2015. It was an obvious destination for us, and one that proved to be a bit dangerous and intriguing almost to the point of me becoming obsessed with the place. We set off in November 2015 to see for ourselves what secrets might be revealed.

As we exited off I-80 turning south to Dugway, I immediately saw similarities with the valley and the topography of my home state of New Mexico. It felt eerily familiar. The valley's location itself is as perfect as an area can be for high strangeness. The two-lane road is situated with the valley and mountains circling from east to west.

The only evidence of civilization is a few houses and a cattle ranch. It seemed oddly out of place because of the intimidating and inhospitable vibe that comes off the land itself. The land seems battered and scarred in some ways. How can it be any different with the biological and chemical testing done at Dugway?

The two-lane road eventually leads to Dugway with its high fences and signs that state it is a restricted area — no trespassing, with the words "deadly force authorized"

We captured these images during a trip to Skull Valley in Utah. I think they can be anything from energy beings, to spheres, to plasma photon vehicles.

to get your attention. There is nothing else around the entrance of the base except for a Mormon Ward house. The two together seemed a bit on the strange side, but then again the base is located in Utah.

On our first trip to Dugway, not much happened, except we thought we were being followed by a white SUV with tinted windows that seemed to race up behind us, almost tailgating us at times and then zooming past us at high speed. Intimidation, or just someone heading home?

That trip seemed to be a catalyst for another visit a month later. The second time around was much different than the first. I felt a presence or some kind of intelligence urging our return. Michael was a little skeptical at first but, then he realized there could be something there, waiting to reveal itself. We ended going back during the first part of December.

As an empath, I was apprehensive the second time because I didn't have any idea of what to expect. I was a bit grumpy the day of our trip because I think deep down inside I wasn't sure if I was nuts or if there really was something there. I knew we had to take the camera, which we do anyway, but this time was different. "They" wanted me to take photographs. Unfortunately, they didn't tell me where to photograph, so I had to go by my gut.

There was this massive valley in front of us, and I felt small and insignificant. I might as well have been on Mars because it had an off-world and desolate vibe to it.

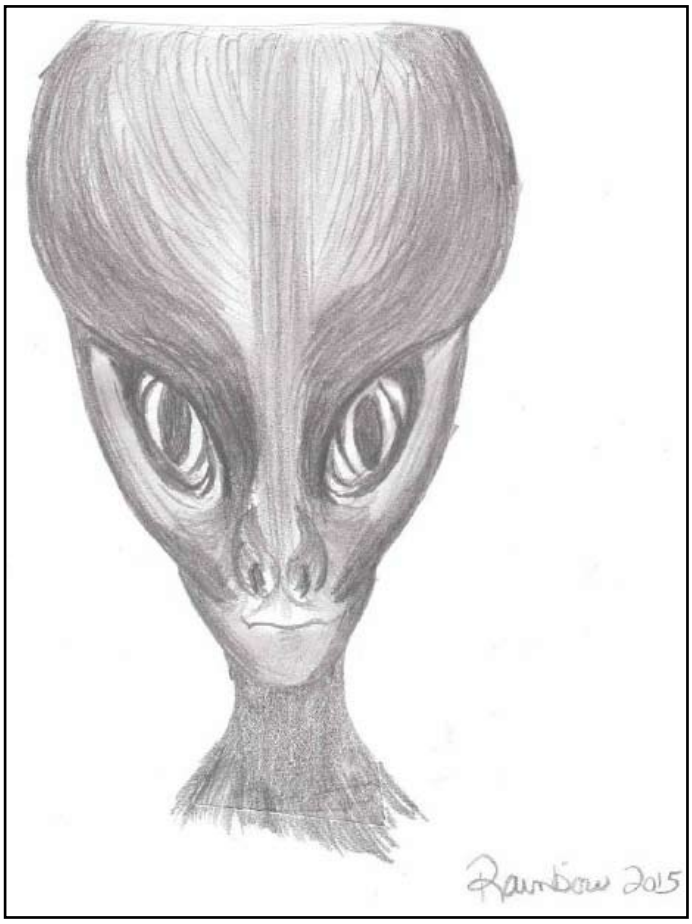
When we started up the road, I wasn't sure what to do, so Michael looked at me and said, "This looks like as good a spot as any to start."

With that being said, I got out of the car and started taking photos. As we went along the two-lane highway, I took photos mostly from east to west. The day was partly cloudy, and I started taking photos around noon or a little thereafter. Since I was aimlessly taking pictures of the landscape, I had no idea if anything would show itself. As I got back into the car and started to look at the photos I had just taken, images started to appear with magical shapes in them along the areas I photographed that were low to the ground, off to the side, or coming from the sky.

A funny sidenote: The name of the images I captured came to Michael in the shower a few days later. The name "Plasma Photon Vehicles" came to him, so this is what we call them.

I think any good researcher has to go back and investigate their own findings. Both Michael and I knew we had to go back and see if we could get the same images or find out if it was some weird glitch in the camera. Our third trip out to Skull Valley happened in February 2016 during the same time frame of day and weather conditions. Michael's camera seemed to work fine according to his knowledge, especially with him taking photographs with it for years.

Secretly, I was hoping that the photos I was taking that day wouldn't show anything. I wanted that amazing day in December to be one of a kind. To my surprise and relief, none of the photographs taken that day had the images in them, just a few anomalies. This at least proved to Michael and I that I did in fact capture something unusual that couldn't be replicated. The third time around,



While Michael and I were in Utah, entities like the one pictured above contacted me while we drove through Skull Valley close to the Dugway Proving Grounds. They told me that if we went back and drove toward the Skull Valley area and the mountains around the Base that they would show themselves as energy and light anomalies. They were a beautiful experience!

I didn't feel any push to go there. As a matter of fact, I haven't felt anything since that second trip.

The images themselves (a couple of which you can see along with this article) seem to speak through the camera. I think they can be anything from energy beings, to spheres, to plasma photon vehicles. I wouldn't say orbs because I have photographs of amazing orbs from Egypt and at home.

The Universe is so vast and infinite so there really is no way to know what is truly out there. I'm just glad we listened, traveled back to Skull Valley, and have the images to share with everyone. Who knows what will call out to us and what we will photograph next! Whatever it is, we'll be back to share it with you.

Do you have a paranormal experience that you'd like to share with our readers? If so, email editor@paranormalunderground.net to share your experience.◆

'Somebody Tell Aunt Tillie We're Canning Demons'

By Christiana Miller

Q&A by Michelle M. Pillow, MichellePillow.com

Light paranormal mystery author Christiana Miller writes stories mixed with humor and supernatural suspense. Her book *Somebody Tell Aunt Tillie We're Canning Demons* released on January 8, 2018.

Christiana is always getting herself into what she calls bizarre situations. She is the voice of all the female warriors in the games Mortal Kombat II and III. She has written for *General Hospital: Night Shift* and *General Hospital*. She's had her DNA sent into space where it currently resides in a drawer on the International Space Station just in case we need to restart the human race with clones.

She's been on the Starship Enterprise, where the coolest thing is that there's a place on set where a person can stand surrounded by the interior of the Starship. She's also been serenaded by Klingons from *Deep Space Nine*, in Klingon, who showed up at a pool party she threw when she first moved to Los Angeles after they had been kicked out of a local sports bar for being too rowdy.

Author Christiana Miller's titles include the *ToadWitch* series, the *Stacy Justice* mystery, and *Tomb Stones and Tiaras*, among many other novels.

* * * * *

Q: In your book *Somebody Tell Aunt Tillie She's Dead,* one of your main characters is a ghost. What inspired you to write about ghosts?

Christiana: My dad was in the final stages of cancer. I had flown back home to say goodbye. The night he passed away, I was in the living room, and it was like his spirit visited me, looking like he used to when he was younger. And he started talking about his youth and about my mom, sharing stories that he had never told me before.

Now, it would be easy to dismiss it as a dream. But at the reception after his funeral, my godfather sat down next to me at the table and started sharing the exact same stories about my dad's past with me, stories I wouldn't have heard before. Except I had. Which was great confirmation.

That's why, in Tillie, I have a scene between Mara and the spirit of her father in the living room. I also wanted to create a world where death isn't the end; it's just a transition. Where the veil between the living and the dead is not only thin, it's pretty much an open door.

I also liked the idea of death being a journey, like life, so the newly departed still have their baggage and issues that they need to learn to let go of as their spirits evolve. Kind of the opposite of life, where we're born with a clean slate and accumulate baggage and issues.

Q: When world building, did you base your story off of known myths throughout history?

Christiana: Oh my gosh. I love world mythology and folklore and superstitions. *Somebody Tell Aunt Tillie She's Dead* gets into the mythology of the Wild Hunt. The second book in the series, *Somebody Tell Aunt Tillie We're in Trouble*, incorporates the mythology of the Horsemen and the Rite of the Toad Bone.

Somebody Tell Aunt Tillie We're Kidnapping Cupid includes the mythology of Aphrodite and Eros. For *Somebody Tell Aunt Tillie We're Canning Demons*, I knew what I wanted the demon to do, the threat the demon needed to pose, and I went researching demons until I found the one who fit the role perfectly. Within that demon's mythology, I also found the way to vanquish the demon and end the story.

Q: Are you a paranormal investigator?

Christiana: No, but I have a friend who's a ghost hunter. She's shown me pictures of some of her adventures. She has some hair-raising stories about ghosts and demons.

Q: Why do you think readers, and society in general, are fascinated by the paranormal?

Christiana: Because it's proof that death isn't the end. I think that's a huge fear that people have. If you can communicate with the dead, then they're not really dead. It's also validation of our fears and hopes.

If you believe in Hell, and you get trapped in a room with a demon, then Hell must exist. Which means Heaven must also exist.

Q: What are your favorite paranormal shows, movies, and books?

Christiana: *Reaper* on CW and *Lucifer* on FOX (both of which were sadly and senselessly canceled by myopic executives). *The Serpent and the Rainbow. The Sixth Sense. Angel Heart.*

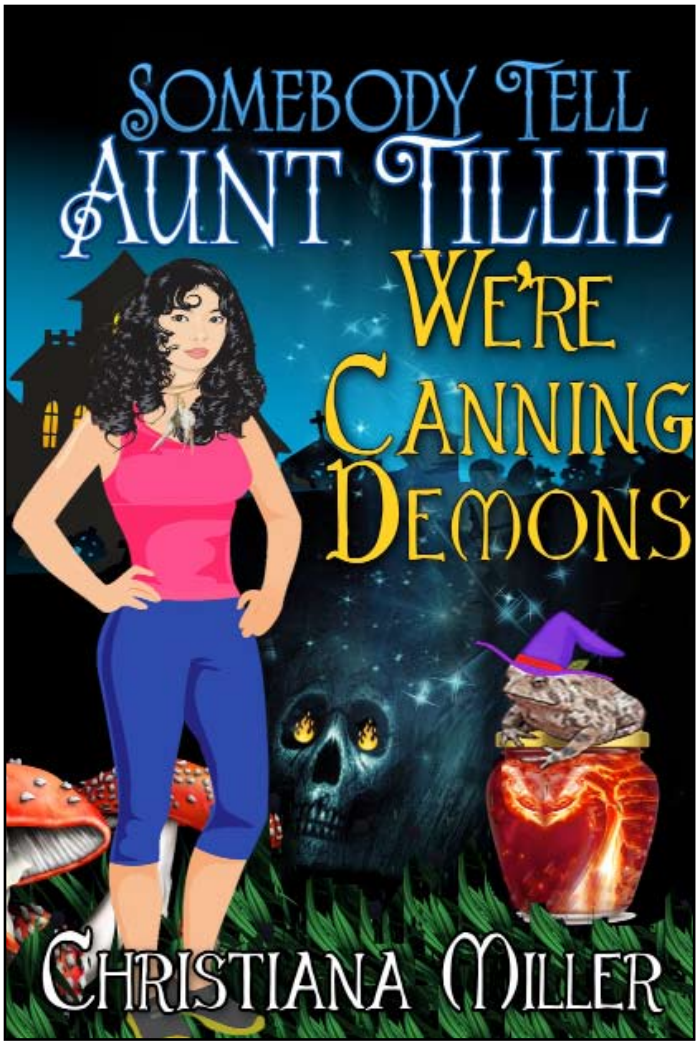
I love reading paranormal books with humor. Some of my favorite books are Deborah Harkness' *A Discovery of Witches* series. Angela Roquet's *Reaper* series. Angie Fox's *Accidental Demon Slayer* series. Julie Kenner's *Demon-Hunting Soccer Mom* series. Katie MacAlister's *Aisling Grey* series. Susan Cooper's *The Dark Is Rising* series. Jennifer Crusie's book *Maybe This Time*. And of course, I'm partial to my gal pal and at times coauthor Barbra Annino's *Stacy Justice* series.

Q: Do you believe in the supernatural?

Christiana: I've seen too many things that defy the laws of physics not to believe. I think it runs in the family. My mom used to receive messages from departed relatives in her dreams. And they were always spot-on.

Q: Have you ever had a paranormal experience?

Christiana: Yes. I was doing research at an occult shop one night. It was just me and the owner of the store. We were looking through an herbology book that had just come in, discussing the properties of different herbs, when this little girl in a purple dress and black patent leather shoes came in through the back. She obviously had a question, but she was really well-mannered, and she sat down on the stool behind the owner to wait for us to finish our conversation.



Christiana has perfected the art of bizarre, creative characters for her eccentric books. She relishes in fantasy and magic, making her books funny and enjoyable to read.

I interrupted the store owner, because the girl was obviously too polite to interrupt. As we turned to ask what she wanted, the girl vanished. I interviewed other employees at the store, and it turned out they had all seen the girl at various times. The unusual thing about her was that she appeared (to me) as solid as an actual person — until she vanished.

Q: What does the future hold for Mara, Gus, and Aunt Tillie?

→

SOMEBODY TELL AUNT TILLIE SHE'S DEAD
CHRISTIANA MILLER
SOMEBODY TELL AUNT TILLIE WE'RE IN TROUBLE!
CHRISTIANA MILLER
SOMEBODY TELL AUNT TILLIE WE'RE KIDNAPPING CUPID
A TOAD WITCH NOVELLA
CHRISTIANA MILLER

Christiana's writing process includes throwing in strands of different mythologies or folklore as a story brews. "Each book takes a surprising amount of research, but that giant pot of research needs to be distilled down into just the useful bits," said Christiana.

Christiana: In *Canning Demons*, Mara finally has the baby. There are a lot of stories coming up with the baby. When I first started the series, I knew the baby was going to be unusual, and I was setting it up for something big, but I had no idea how unusual. Every book brought a new and deeper twist.

The book I'm writing now just brought the baby and Mara to another level, oddly enough via a comment my kid made. It just sparked a whole new mythological layer that makes sense with the world-building I'm setting up.

Q: Have you ever been to a psychic and/or a past-life regression?

Christiana: Yes to both. The past-life regression was interesting, because the memory was very specific and included names, location, year. I was able to go home and Google it and was surprised to find the people I remembered actually existed in the location and time frame that I had seen them in.

The memory itself, though, was really upsetting. So I've never done another one.

Q: Have you ever been abducted by aliens?

Christiana: Not that I know of. Although I did lose two hours last weekend ...

Q: If you could time slip to any year, when would you go?

Christiana: 2065, so I could see my kids, grandkids, and great-grandkids and see what the future's going to bring them — and me, if I'm still around!

Q: Would you jump into a fairy ring?

Christiana: LOL! I'd run around it nine times first, under the full moon. And then think twice. <grin> Fairies are fun creatures. Whenever anything goes missing, I always say the fairies took it. I usually offer them a replacement for whatever it is, turn around, and walk out. When I come back in, whatever I'm looking for is usually there.

Fun fact: I went to a fairy pathworking once. At the end of the pathworking, I looked down and my watch, which I had set on the floor, was missing. In its place was a rock and a feather. I never found the watch. So, I kept the rock and feather.

Q: Who would you rather face off with a vampire, a werewolf, or a warlock?

Christiana: Little-known fact: A warlock is a term used for a witch who's broken their oaths to their Gods. To be warlocked is to be ostracized and shunned by the community as an oath-breaker. However, there is a movement in England trying to reclaim the word warlock for male witches.

Modern-day vampires can be a pain in the neck (pun

intended). A werewolf, I'd want to pet and put on a leash. I have always had an affinity for canines. Hmmm. Maybe I should go with werewolf.

Q: When writing a new paranormal world, what details do you think are most important?

Christiana: I start out with characters and snippets of scenes that pop up, either while I'm daydreaming or sleeping. And then I have to find out what weaves the scenes together, why the characters who popped up have shown up in my head. And then I build the world around that.

With the first *Tillie* book, it started with a really vivid dream of the sudden, dramatic death of a character. That dream turned out to be the backstory of one of Mara's ancestors and shows up later in the book.

> "I've seen too many things that defy the laws of physics not to believe. I think it runs in the family."

With *Canning Demons*, I had a scene with a horny homunculus pop up in my head, and one with a vampire-in-training. It took me a couple of years to figure out what the bigger story was that tied it all together and drove the plot.

Q: If you could channel into another author's mind to find out how they wrote a particular book, who would it be?

Christiana: J.K. Rowling. Who wouldn't want to dip into *Harry Potter* world and find out how that world was built?! My other choice would be Deborah Harkness, who wrote the *Discovery of Witches* trilogy. That is another complex, wonderful, well-researched world. And she's incredibly nice.

Oh, and then there's Susan Cooper, who wrote *The Dark Is Rising* series, which was the *Harry Potter* of my childhood. It was the first series I read that mixed mythology and magick, and it definitely impacted who I am today as a writer.

Q: Do you like creating an overall world and multi-book plotline better than individual stories, or vice versa?

Christiana: Definitely. I think when you have a multi-book series, the characters come alive and continue living beyond each book, for the readers and the author. I originally wrote *Tillie* as a standalone, but the characters wouldn't leave me alone. They kept on living and having adventures in my mind until I had to get it down on paper.

I like having story strands and character interactions that pay off in later books. While you can read each book on its own, it becomes a fuller, richer world when you read them as a series.

Q: What is your writing process?

Christiana: Avoidance. Just kidding. I have to let the story brew. While it's brewing, I start throwing in strands of different mythologies or folklore. Each book takes a surprising amount of research, but that giant pot of research needs to be distilled down into just the useful bits.

Then I stir those bits around in the cauldron of my imagination with the characters. As the cauldron bubbles and boils, a story starts taking shape and I start writing. (Sorry, couldn't resist the witchy references).

There are times, when everything's working, when I feel like I'm transcribing the adventure the characters are having instead of creating the story. That's when it's really fun. But when I try and make the characters do something they don't want to do, they pop up in my dreams and complain something fierce.

If I don't listen to them, they refuse to cooperate when I'm writing. They go on strike and refuse to start talking again until I address whatever they're having an issue with. And they're usually right.

For me, writer's block is a way for my subconscious to point out that I have a plot hole I need to fix or that I'm trying to force a character to do something or say something that's out of character for them.

Q: What do you most like to write?

Christiana: Quirky paranormals. Everything I write has quirky characters and utilizes a lot of humor along with supernatural elements. Even the non-paranormal books have quirky characters and humor.

Q: What mythology do you draw on the most?

Christiana: For now, the mythological fields I'm playing in are Welsh, Irish, and Greek. But there's a lot more out there to explore. I'm looking forward to expanding my writing horizons!

* * * * *

To learn more about Christiana Miller, visit https://www.facebook.com/ChristianaMiller.author. ◆

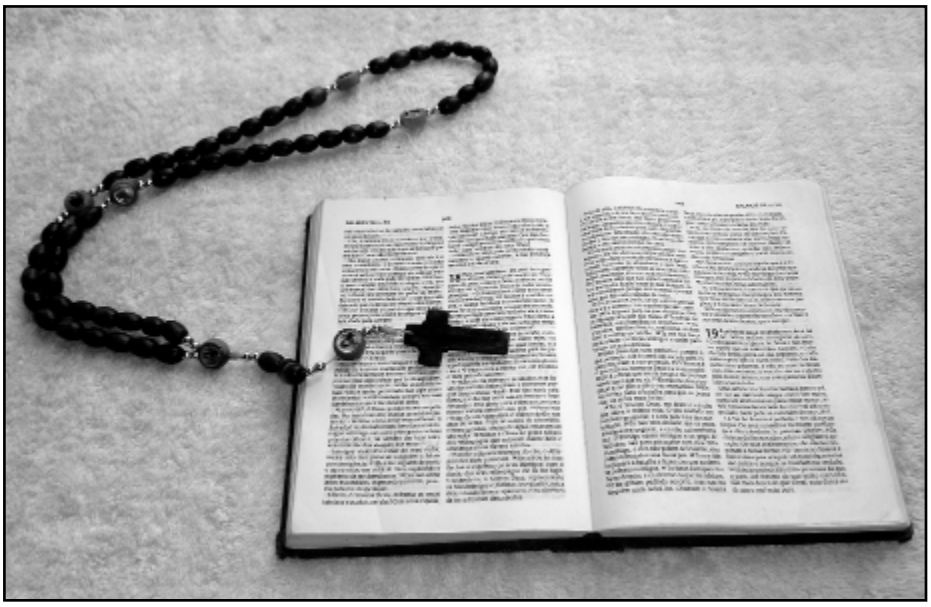
Where Does God Fit in With Spirit Removal?

By Bob Fountain, SpectralTech.org

Some people have no problem knowing spirits live among them. Others see it as a money-making opportunity and would rather not try to get rid of them. Unfortunately, there are instances where an entity is not good or benevolent and causes untold problems with the living and needs to be removed.

It is believed by some that entities that have not crossed over are still ego-attached to who they most recently were on the earth plane; thus, they have the same temperaments, personalities, and religious beliefs as they did when they were still alive. They also have free will, which was given to them by our creator; proof being that if they didn't, they would have no choice but to cross over at physical death.

Whether it be unfinished business, fear of being judged, or simply not knowing that they are dead, that particular entity is reacting based on who they were. If they were kind and gentle, it is most likely they have remained the same. But if they were a negative and distasteful person, they may very well relish their newfound ability to wreak revenge or mayhem, knowing nobody can stop them.



We investigated a house a few years back for a couple who was having trouble with a negative entity interacting with their young son. After reviewing the facts and evidence of the case, we advised the couple that they should get the house blessed by clergy to help get rid of the negative entity and keep the other entity that was trying to protect their young son. Their response was: "But we're not religious."

We told them at the time that it didn't really matter if they were religious or not, but what mattered was if the entity was. They did have their house blessed, and the negative entity did leave, but the concept of forcing out an entity based on religious beliefs has always stayed in the back of my mind as something to be further studied.

Why do some exorcisms work and others do not? They basically use the same format, evoking passages of the *Bible* or some other holy book, calling on God, or requesting some archangel to come and remove the demon or negative entity.

Perhaps the entity simply does not believe in the God you are calling on to remove it; however, I would think this would not make a difference, since God is all powerful and could care less if the entity believes in him or not. Why then, in some instances, is it that the entity never

leaves or comes back when the coast is clear? How could it defy God and get away with it?

Is the free will that all souls supposedly have play in the removal of a negative spirit, or any spirit for that matter? Can they simply decide they are staying put regardless of what the person trying to get rid of them wants?

And does God have some rule that cannot override free will in some situations, so God must let things take their due course? Perhaps God has given the entity permission to torment as part of some unknown lesson he is teaching those being affected.

It's a possibility that if there truly are other dimensions, they may have their own god, and it may take the god in that dimension to remove what is disrupting us in this dimension. Does an exorcism not work because we are simply asking the wrong god?

Or could gods ruling in other dimensions have reciprocal agreements with each other that would allow them to take action on a negative entity or demon regardless what dimension it came from?

Would evoking a Christian god make a difference if the entity was a Hindu or Buddhist?

Perhaps it is as simple as the will and intent of the person wanting the spirit removed is greater than the spirit's will and intent to stay and doesn't involve any action by a god at all.

Sometimes a client will ask similar questions and expect us to have the answers for their own peace of mind. I believe we owe it to them to know as much as we can and provide possible explanations.

Sometimes performing an investigation and providing them with evidence that they do have a problem just isn't enough. Perhaps we will never know the answers to these questions, but it may help explain why getting rid of a disruptive spirit doesn't always seem to work.

Note: This editorial is the sole opinion of the author and does not necessarily reflect the opinions of "Paranormal Underground" magazine or its advertisers.◆

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